

Genomics & Medicine

<http://biochem118.stanford.edu/>

Epigenetics

<http://biochem118.stanford.edu/16%20Epigenetics.html>



Doug Brutlag, Professor Emeritus
Biochemistry and Medicine (by courtesy)
Stanford University School of Medicine

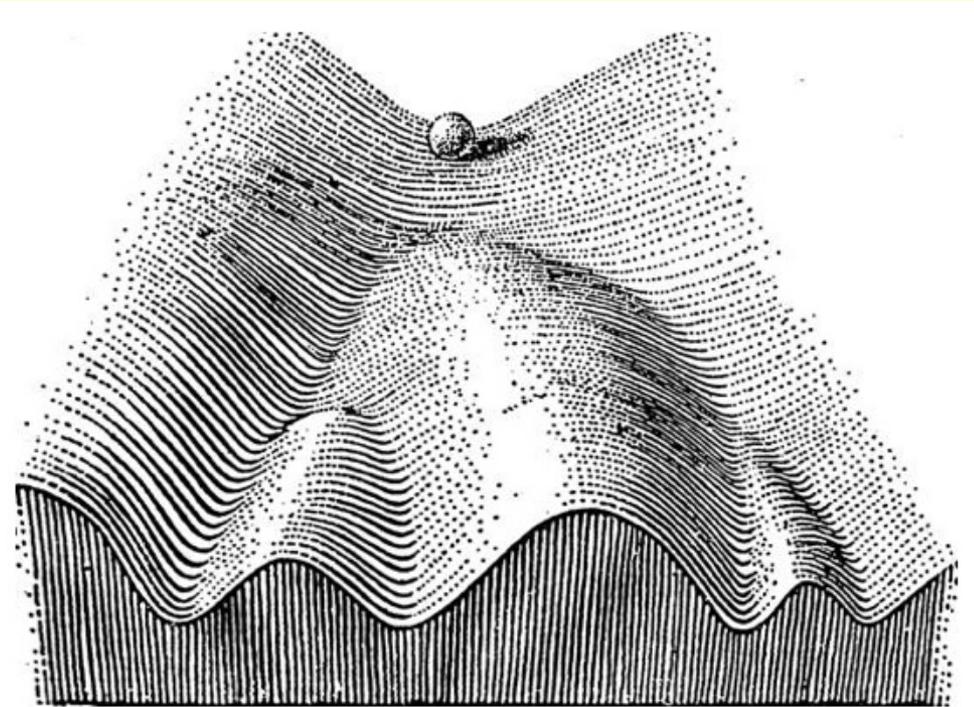
Epigenetics and DNA Methylation on Henry Stewart Talks

- **Epigenetics – 22 talks**
http://hstalks.com/main/browse_talks.php?r=18&j=757&c=252
- **DNA Methylation – 11 talks**
http://hstalks.com/main/browse_talks.php?r=478&j=756&c=252
- **Stem Cells – 10 talks**
http://www.hstalks.com/main/browse_talks.php?r=752&j=761&c=252

What is Epigenetics?

- In 1953, C.H. Waddington coined the term epigenetics to mean above or in addition to genetics to explain differentiation.
- How do different adult stem cells know their fate?
 - Myoblasts can only form muscle cells
 - Keratinocytes only form skin cells
 - Hematopoietic stem cells only become blood cells
 - But all have identical DNA sequences.

C.H. Waddington



Waddington's Epigenetic Landscape

What is Epigenetics?

- In 1953, C.H. Waddington coined the term epigenetics to mean above or in addition to genetics to explain differentiation.
- How do different adult stem cells know their fate?
 - Myoblasts can only form muscle cells
 - Keratinocytes only form skin cells
 - Hematopoietic stem cells only become blood cells
 - But all have identical DNA sequences.
- Modern definition is non-sequence dependent inheritance.
- How can identical twins have different natural hair colors?

Identical Twins with Different Hair Color



What is Epigenetics?

- In 1953, C.H. Waddington coined the term epigenetics to mean above or in addition to genetics to explain differentiation.
- How do different adult stem cells know their fate?
 - Myoblasts can only form muscle cells
 - Keratinocytes only form skin cells
 - Hematopoietic stem cells only become blood cells
 - But all have identical DNA sequences.
- Modern definition is non-sequence dependent inheritance.
- How can identical twins have different natural hair colors?
- How can a single individual have two different eye colors?

An Individual with Two Different Eye Colors



“Diego”

Mosaicism: An Individual with Two Different Eye Colors



“Josie Too”

Mosaicism: An Individual Eye with Two Colors



What is Epigenetics?

- In 1953, C.H. Waddington coined the term epigenetics to mean above or in addition to genetics to explain differentiation.
- How do different adult stem cells know their fate?
 - Myoblasts can only form muscle cells
 - Keratinocytes only form skin cells
 - Hematopoietic cells only become blood cells
 - But all have identical DNA sequences
- Modern definition is non-sequence dependent inheritance.
- How can identical twins have different natural hair colors?
- How can a single individual have two different eye colors?
- How can identical twin litter mates show different coat colors?

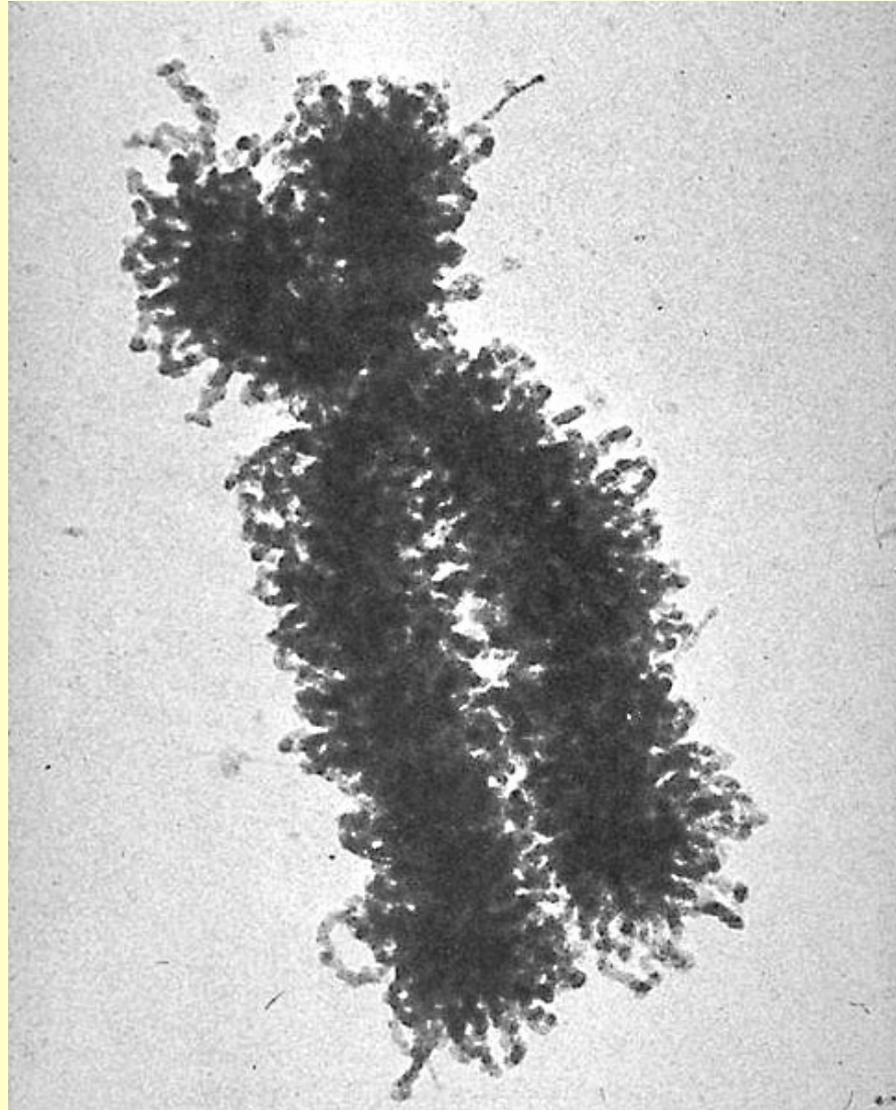
Coat Colors of Genetically Identical Agouti Mice Litter Mates



What is Epigenetics?

- In 1953, C.H. Waddington coined the term epigenetics to mean above or in addition to genetics to explain differentiation.
- How do different adult stem cells know their fate?
 - Myoblasts can only form muscle cells
 - Keratinocytes only form skin cells
 - Hematopoietic cells only become blood cells
 - But all have identical DNA sequences.
- Modern definition is non-sequence dependent inheritance.
- How can identical twins have different natural hair colors?
- How can a single individual have two different eye colors?
- How can identical twin litter mates show different coat colors?
- How can just paternal or maternal traits be expressed in offspring? This is called genetic imprinting.
- How can females express only one X chromosome per cell?
- How can acquired traits be passed on to offspring?
- Some changes in gene expression that are, in fact, heritable!

Human Mitotic Chromosome

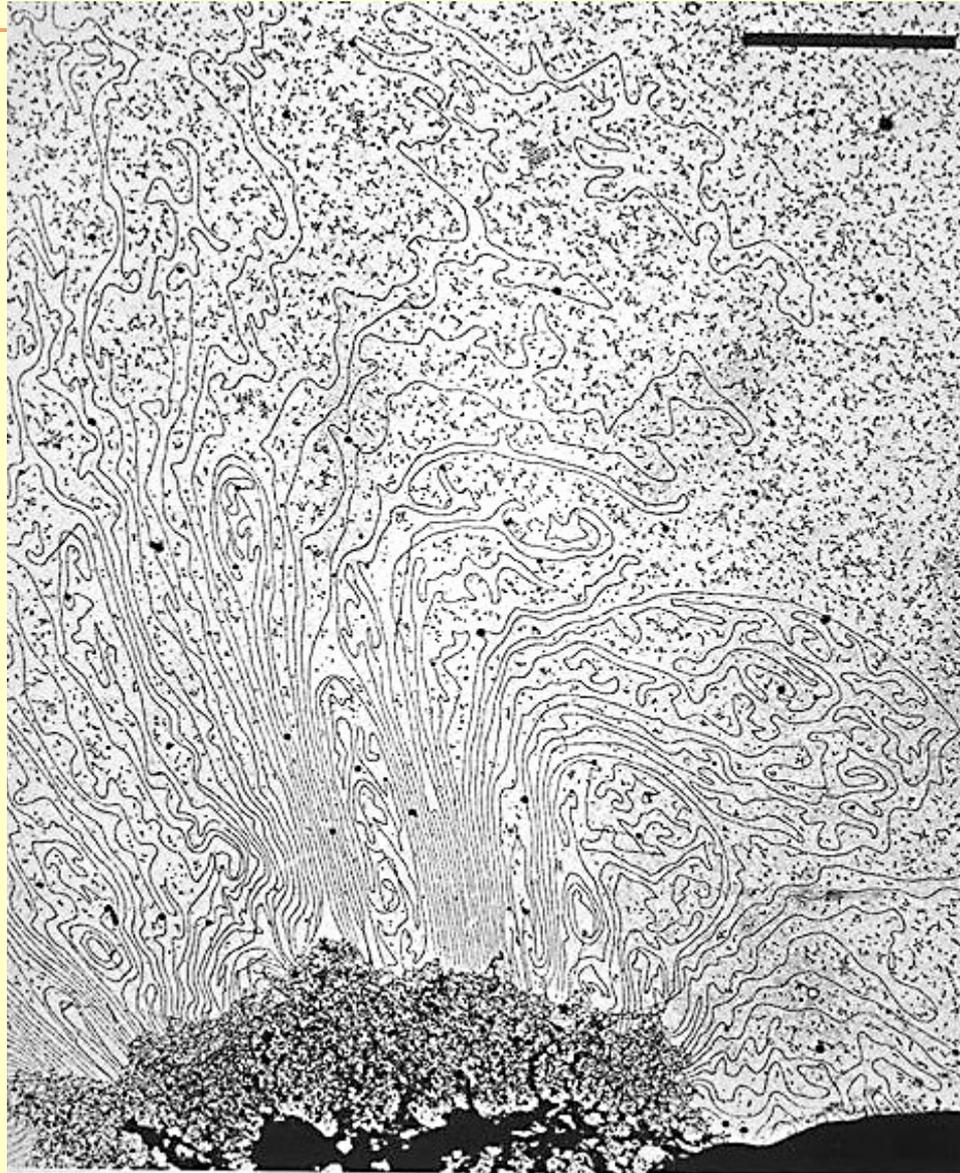


DNA in a Human Chromosome



Laemmli: Histone Depleted chromosomes Cell 1977 817-828
https://en.wikipedia.org/wiki/Heparan_sulfate

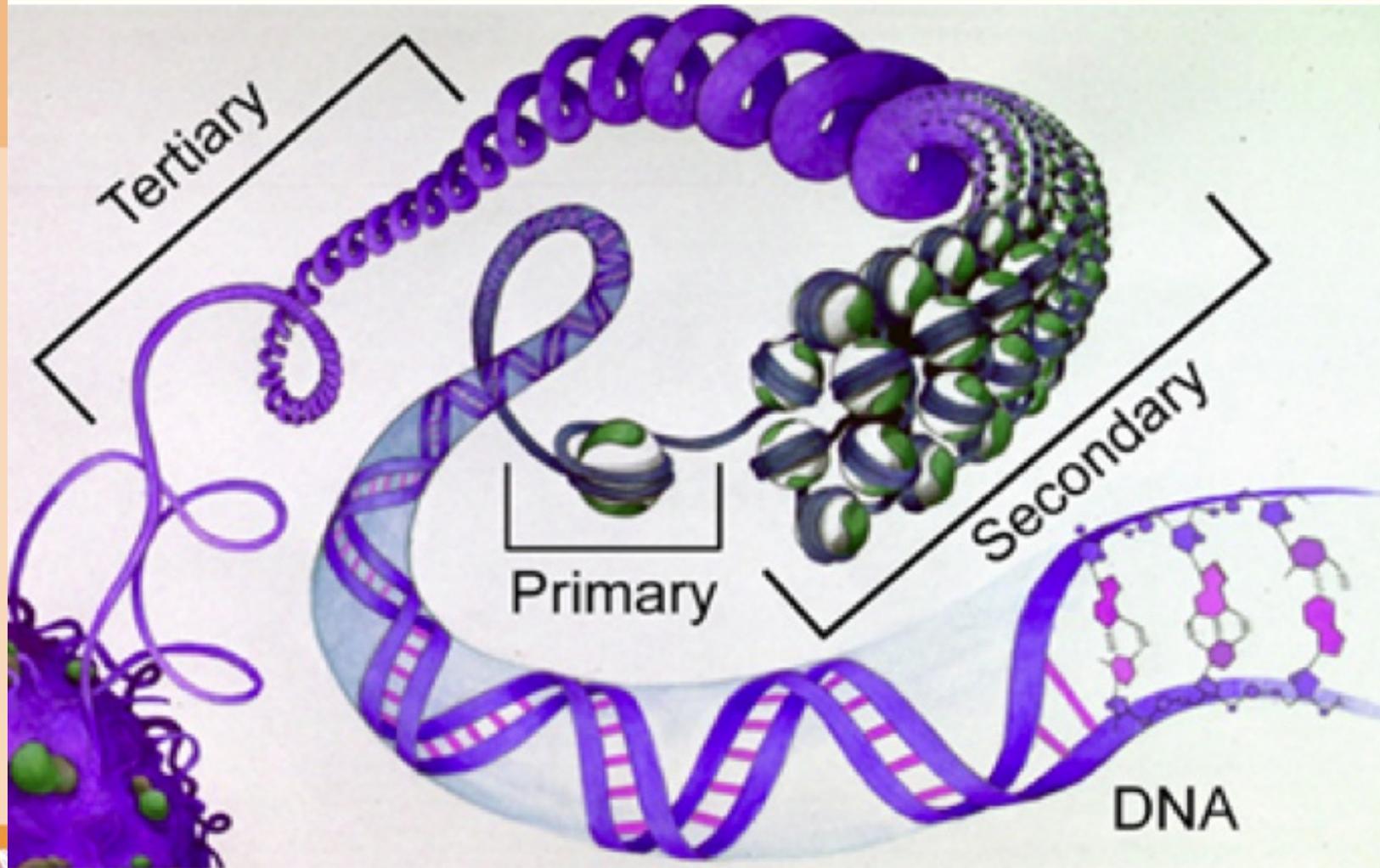
DNA in a Human Chromosome



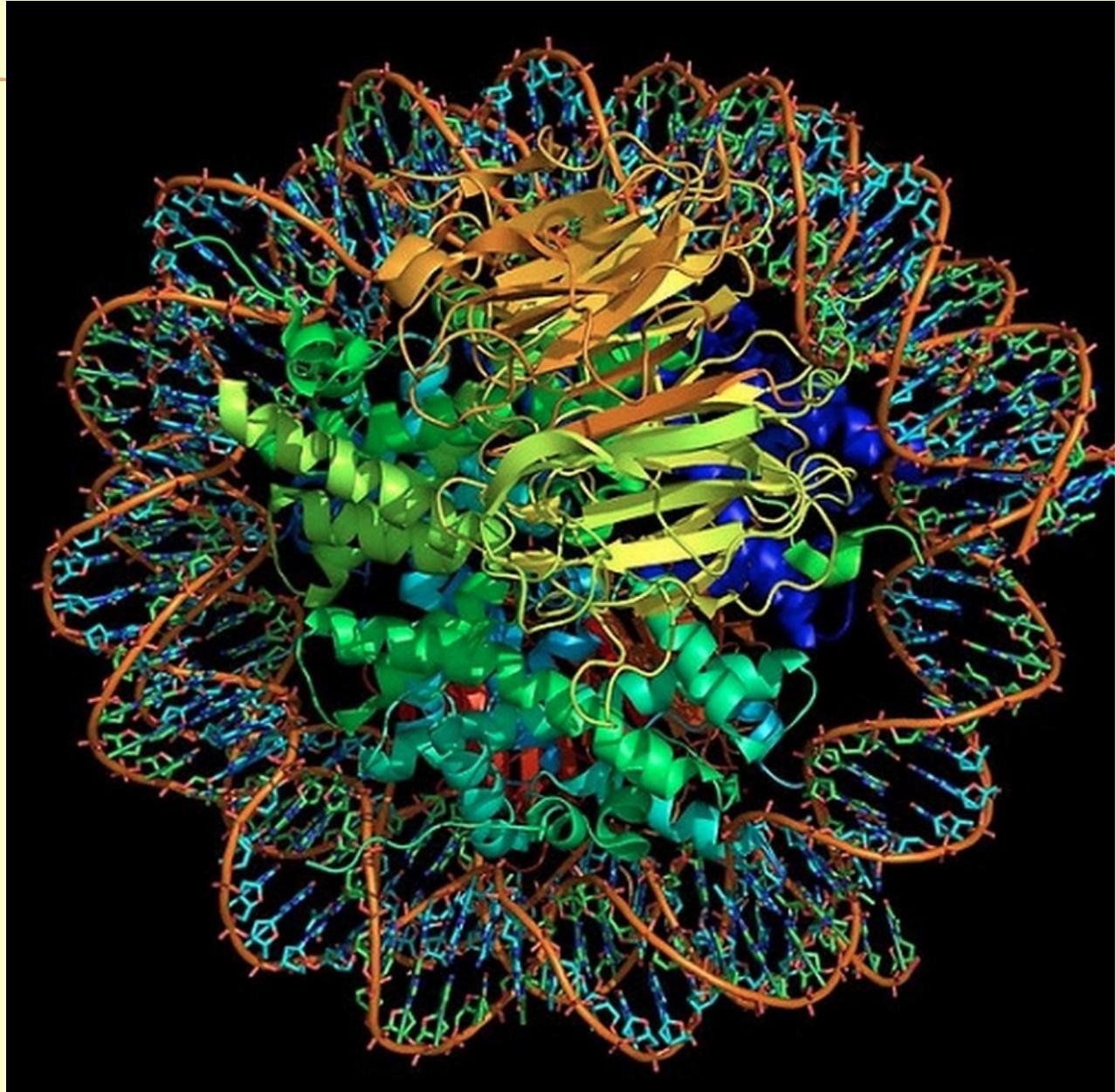
Laemmli: Histone Depleted chromosomes Cell 1977 817-828

© Doug Brutlag 2015

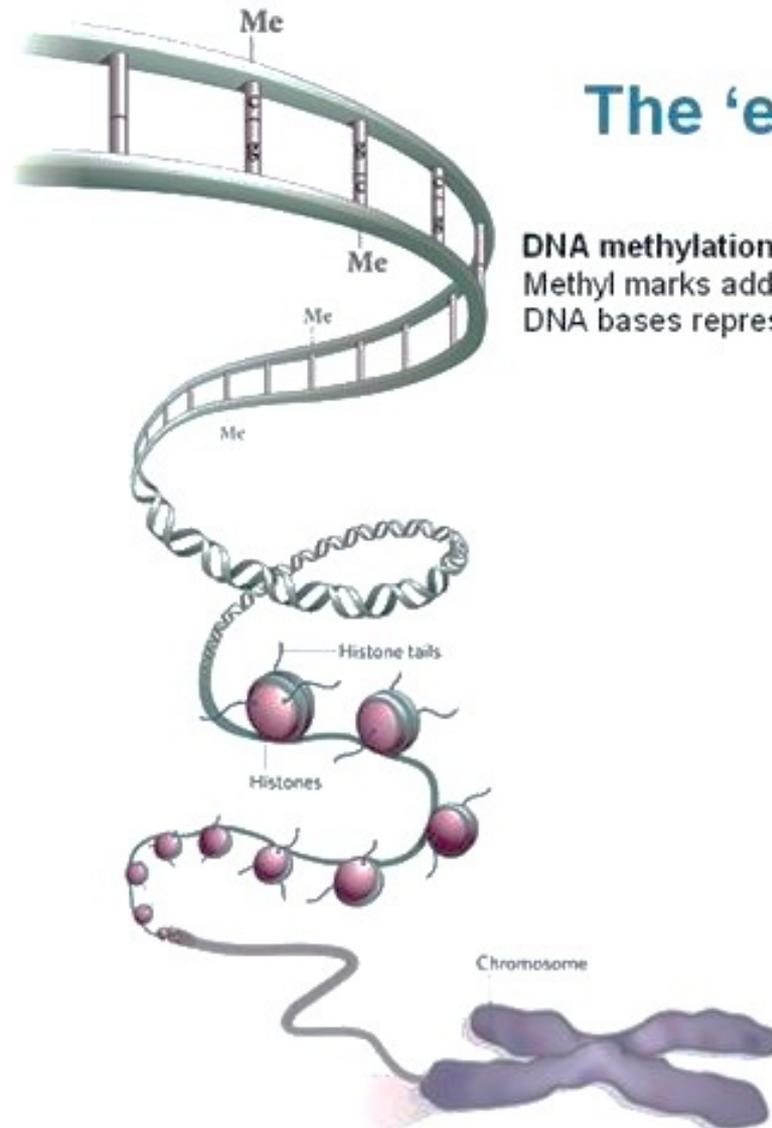
Three Levels of Folding of DNA in Chromatin



Nucleosome Core Structure



DNA Methylation & the Epigenetic Code



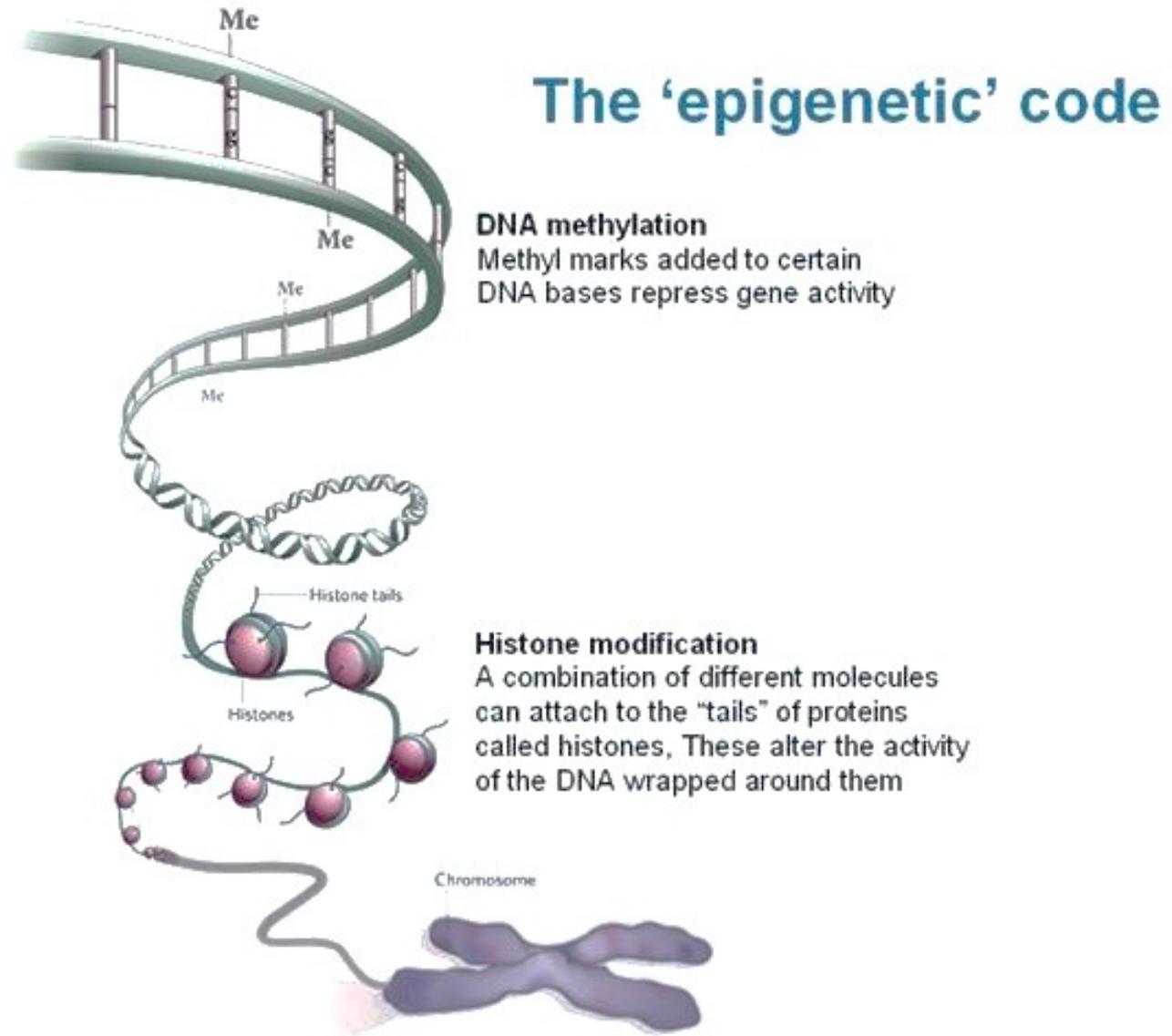
The 'epigenetic' code

DNA methylation

Methyl marks added to certain DNA bases repress gene activity

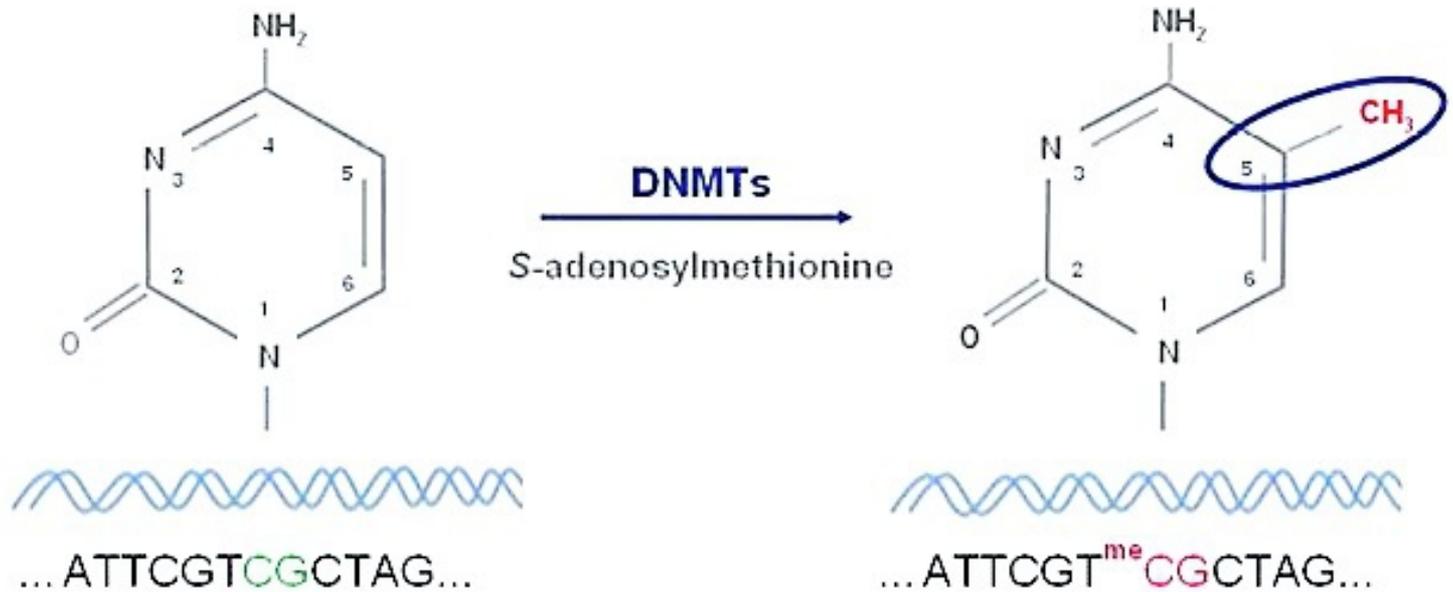


DNA Methylation & Histone Modifications Form the Epigenetic Code

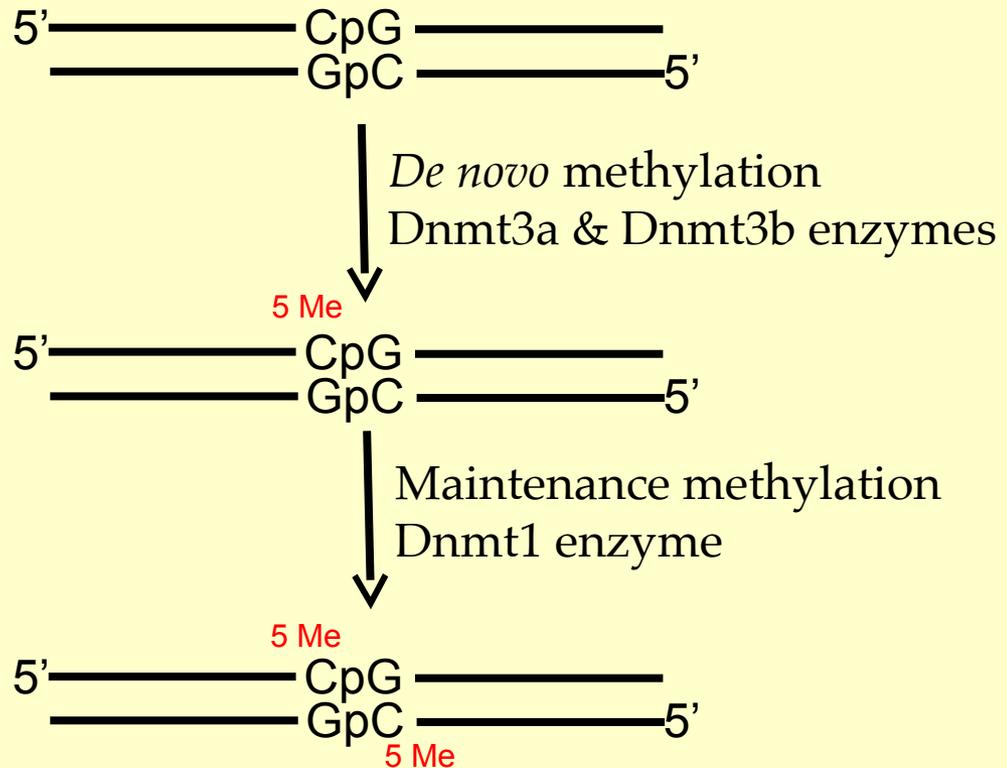


Methylation of Cytosine in DNA

Cytosine methylation

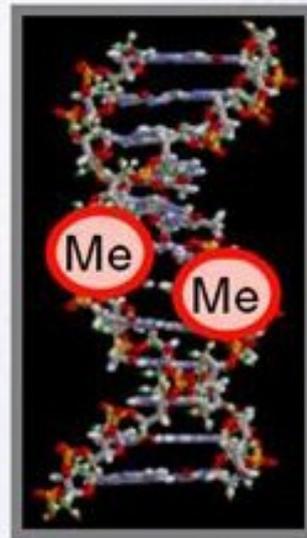


Only Cs in CG sequences are Methylated

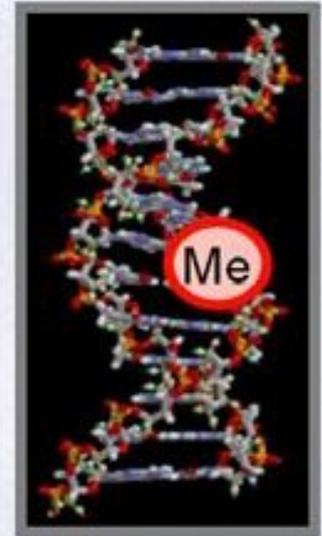


Maintenance of Cytosine Methylation

Establishment and maintenance

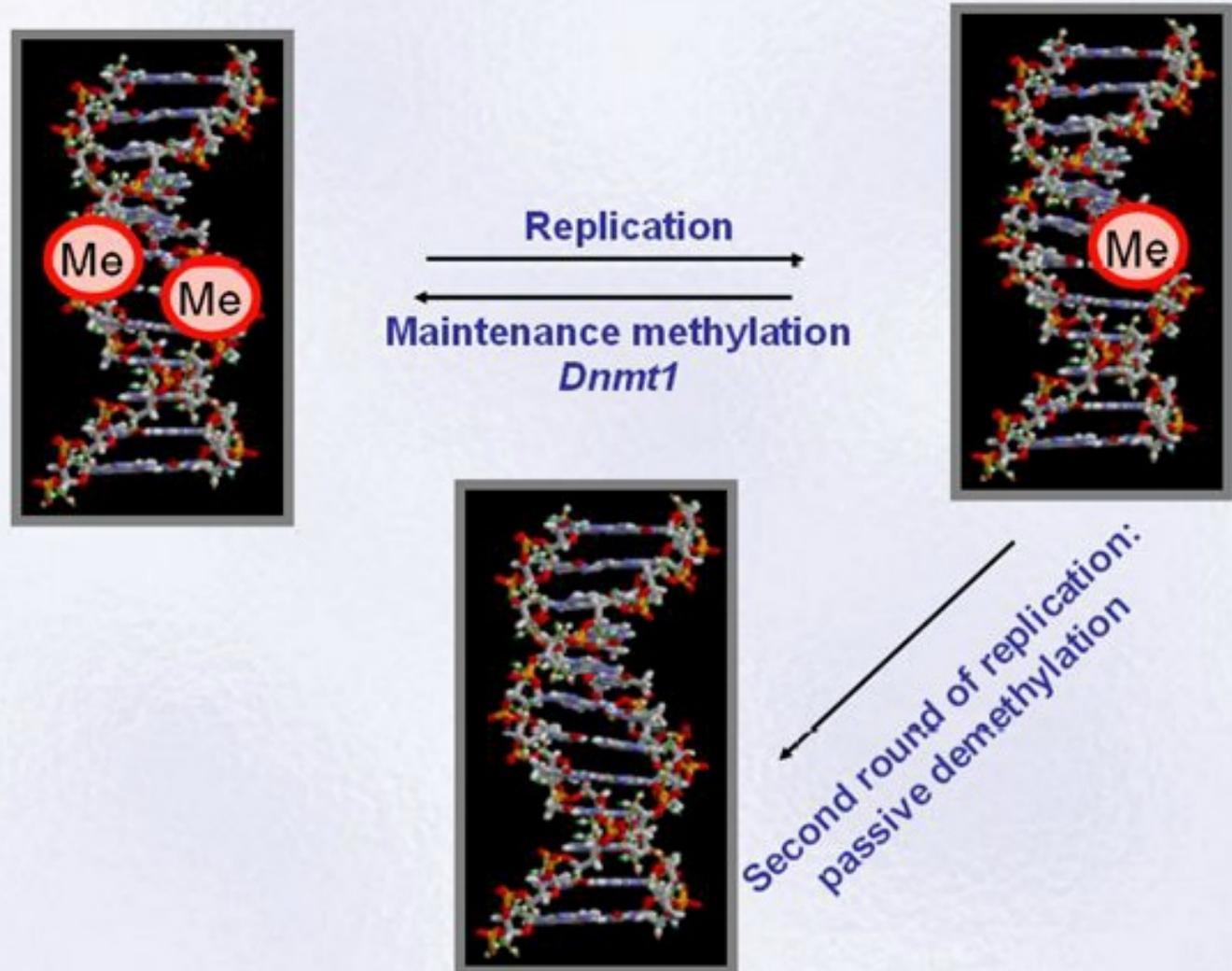


Replication
→
←
Maintenance methylation
Dnmt1

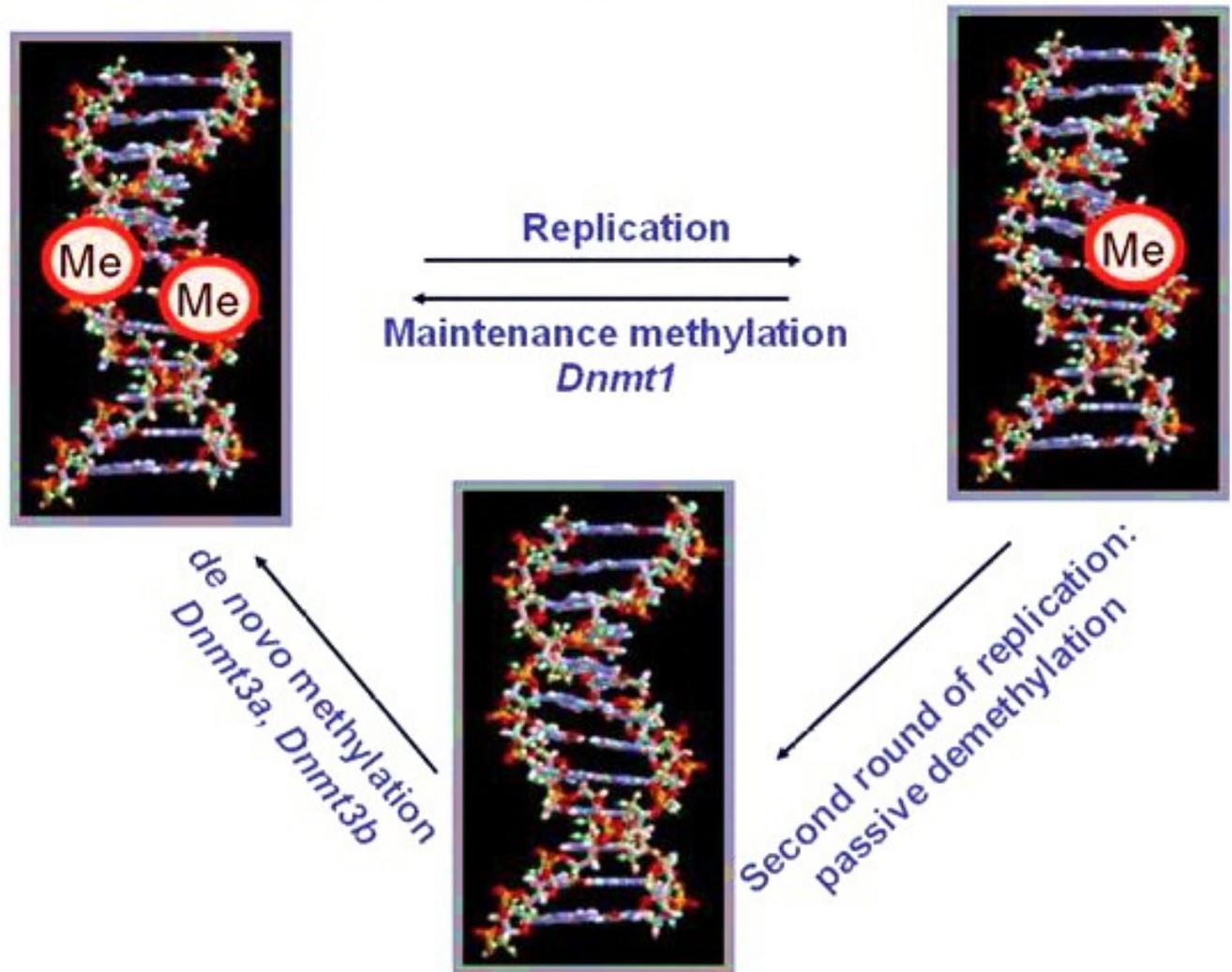


Passive Demethylation of 5-Methyl-Cytosine

Establishment and maintenance

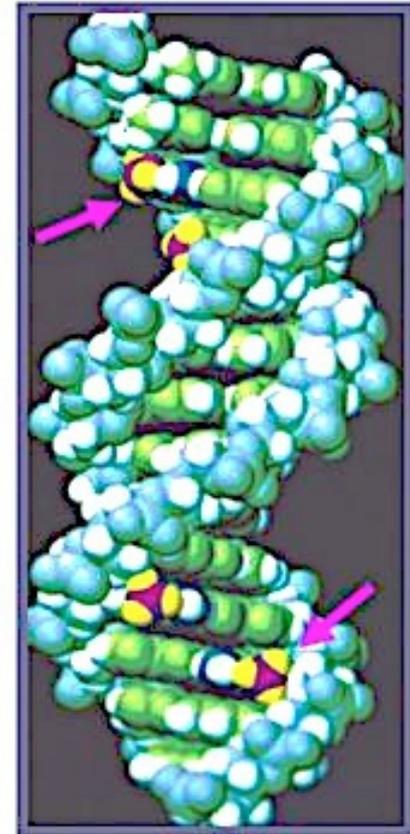
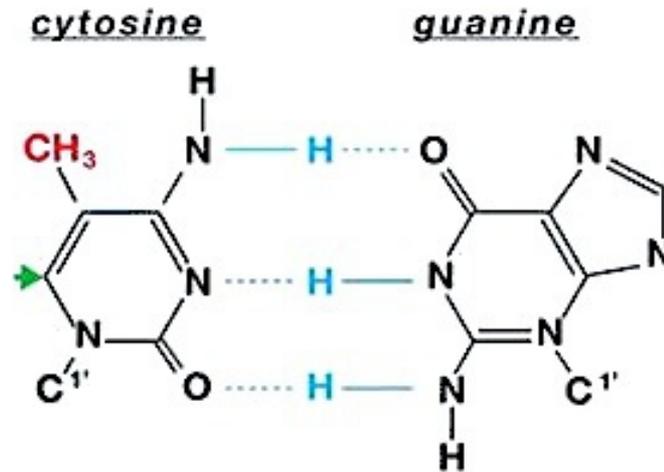


Establishment and Maintenance of Cytosine Methylation



5-Methyl Cytosine in DNA

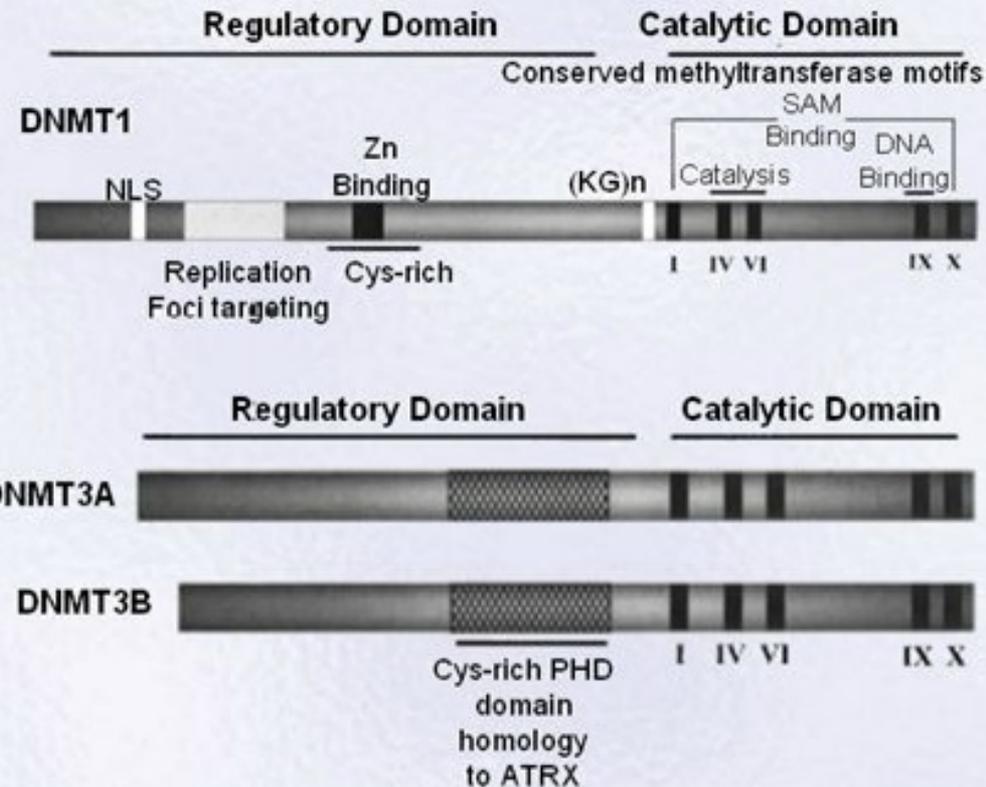
Cytosine methylation



Some DNA Methyl Transferases are Essential

Mammalian Dnmts are essential

- Dnmt1: embryonic lethal
- Dnmt2: no obvious effect
- Dnmt3a: perinatal death
- Dnmt3b: embryonic lethal
- Dnmt3l: no imprints

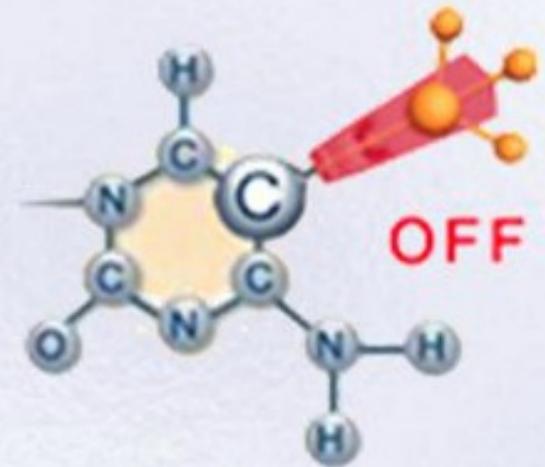


Robertson, KD, *Oncogene* 2002

Some DNA Methyl Transferases are Essential

Cytosine methylation in mammals

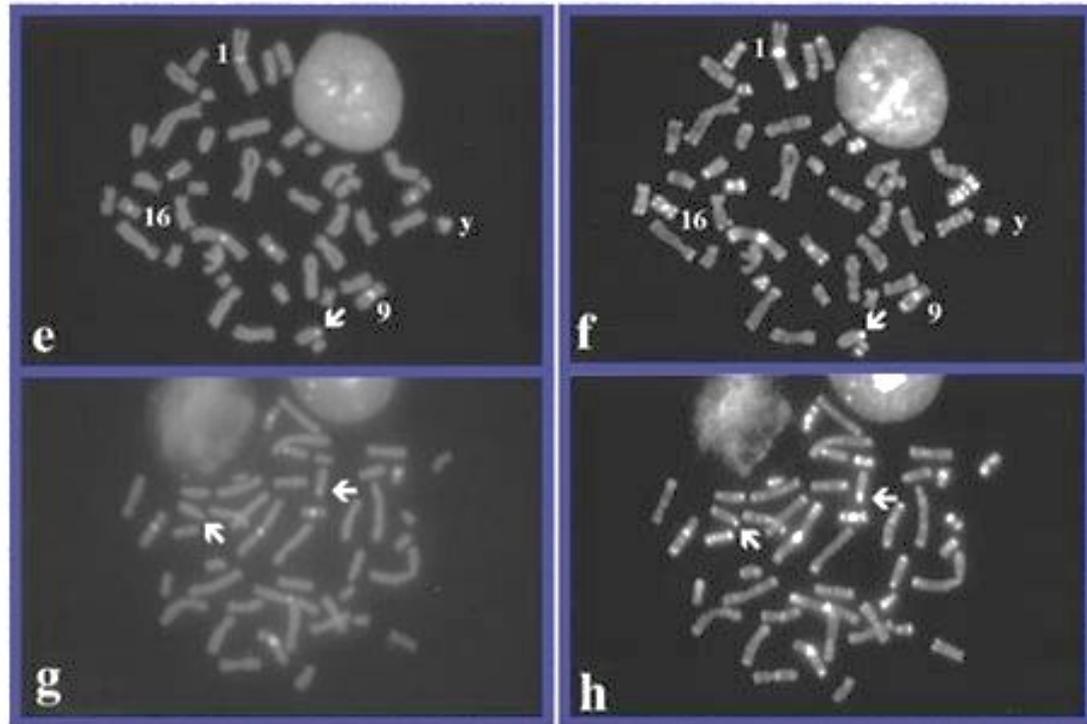
- Gene expression
- Chromosomal stability
- Cell differentiation
- Imprinting
- X-Inactivation
- Carcinogenesis
- Aging



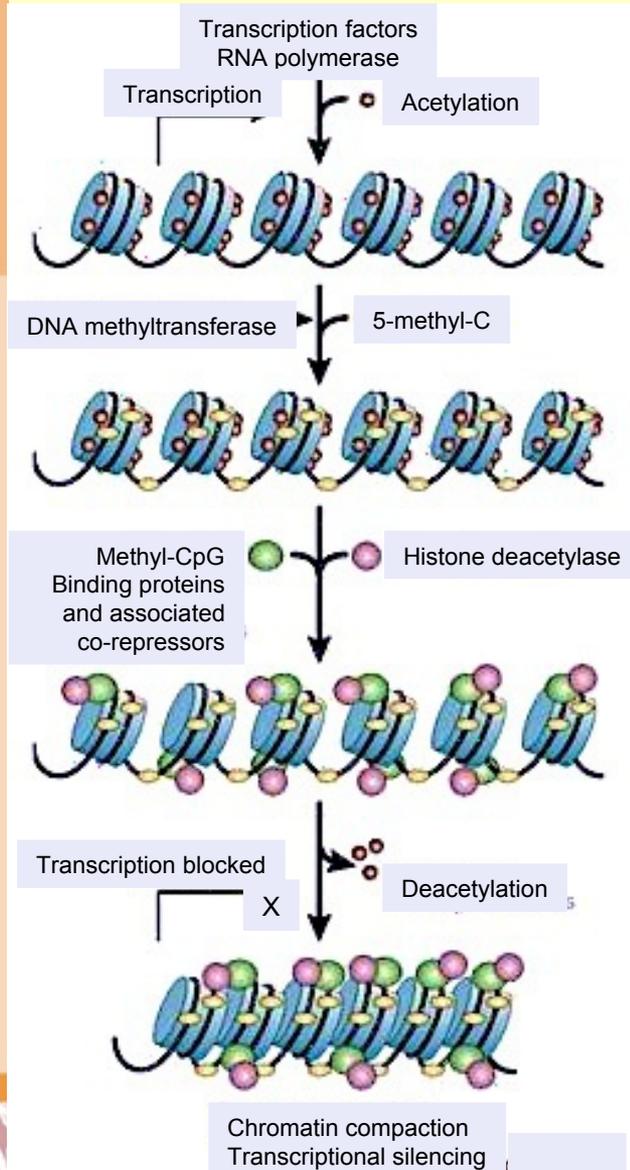
5-Methyl Cytosine is Found in Heterochromatic Regions

The distribution of cytosine methylation in mammals

- Heterogeneity visible at cytogenetic scale
- Associated with heterochromatic regions

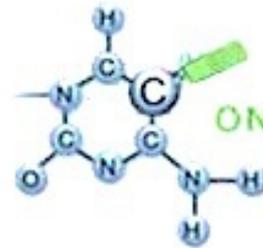


Cytosine Methylation Maintains Inactive-Condensed Chromatin State

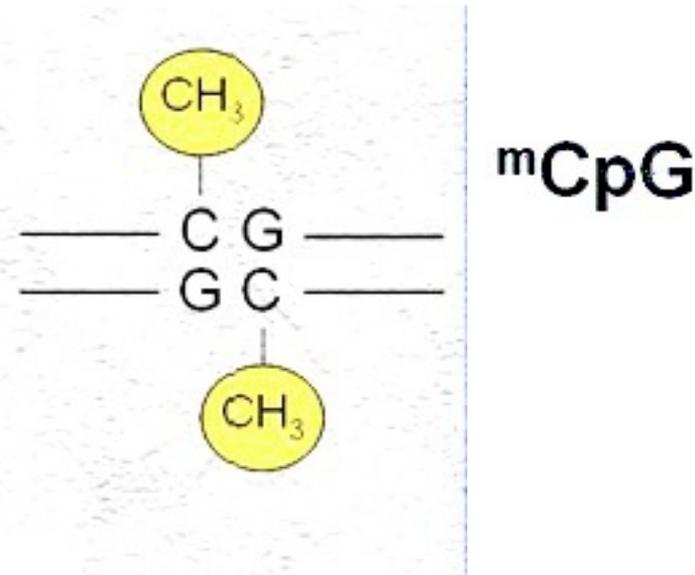
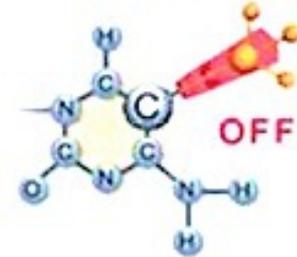


Cytosine methylation

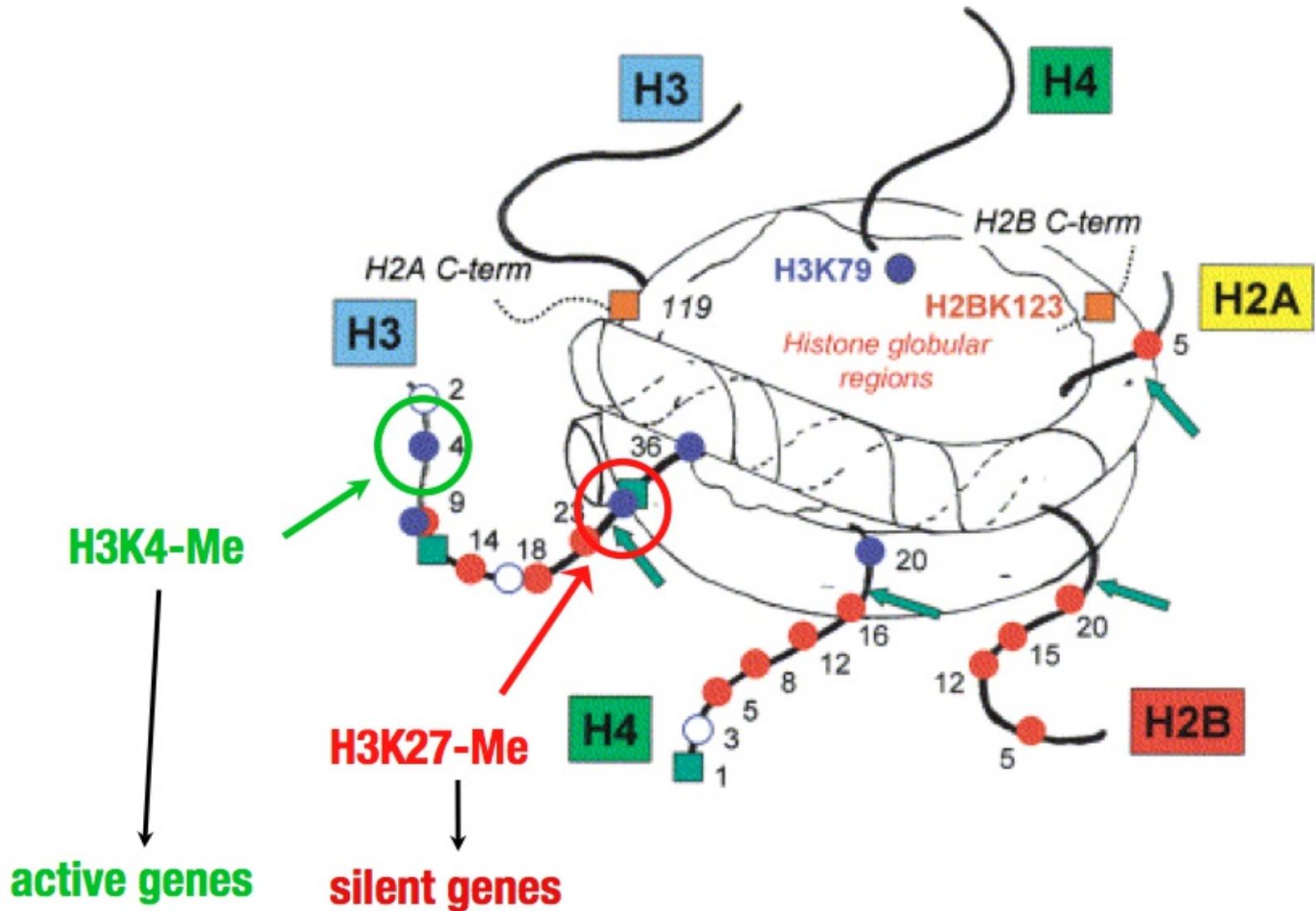
Cytosine



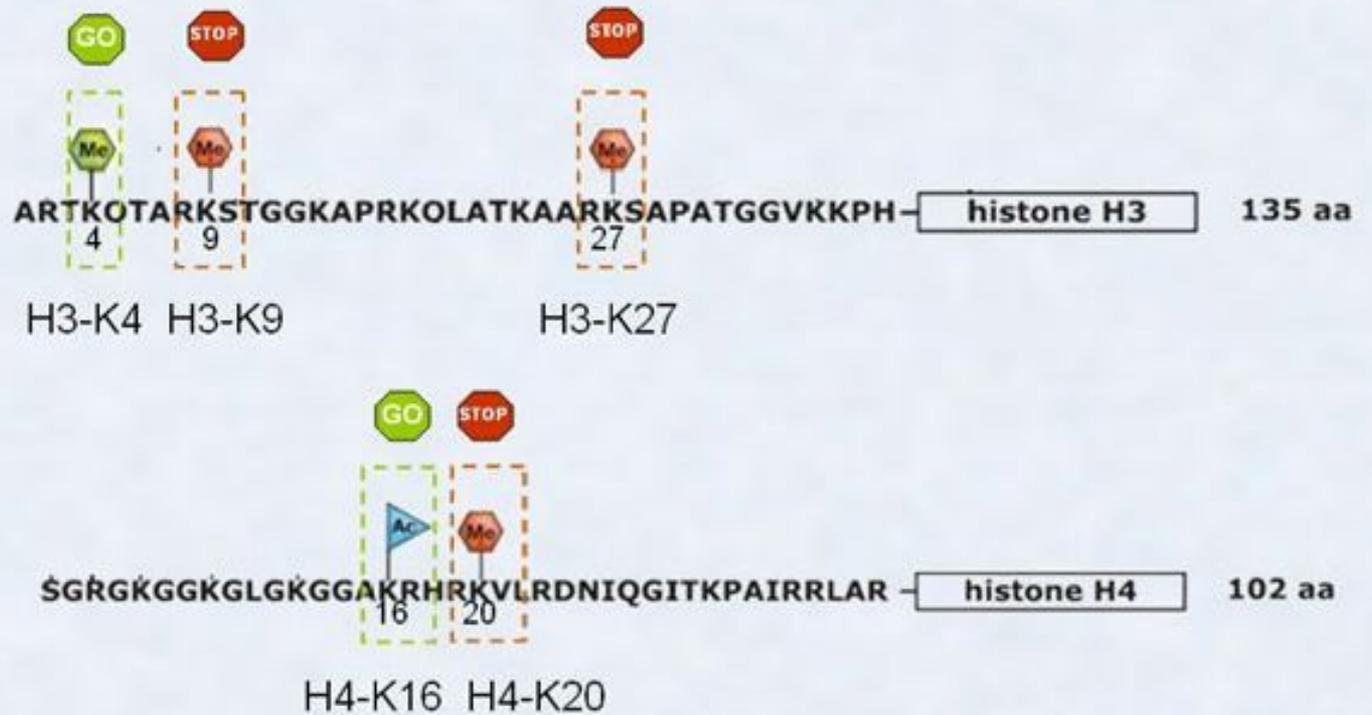
Methyl-Cytosine



Histone Modifications in Active and Silent Chromatin



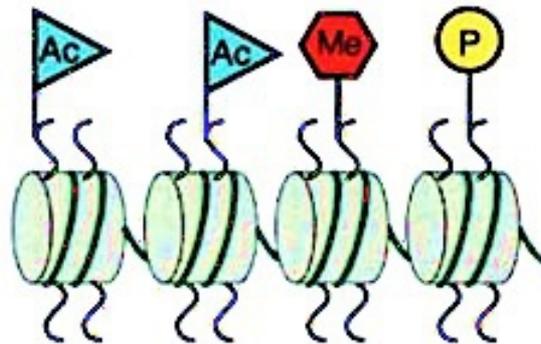
Histone Code



Structure & Epigenetics of Euchromatin versus Heterochromatin

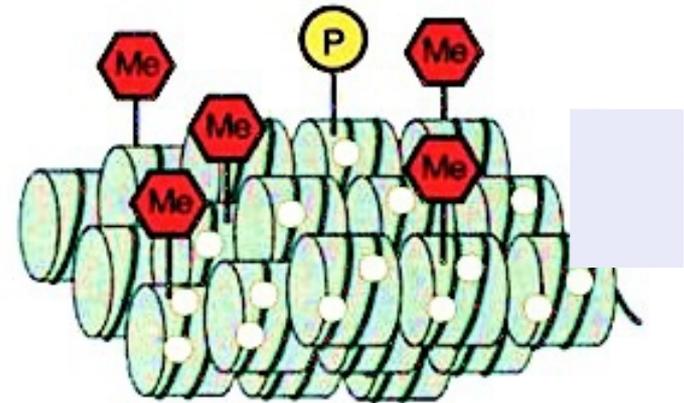
DNA methylation and histone modifications help to compartmentalize the genome into domains of different transcriptional potentials

Euchromatin



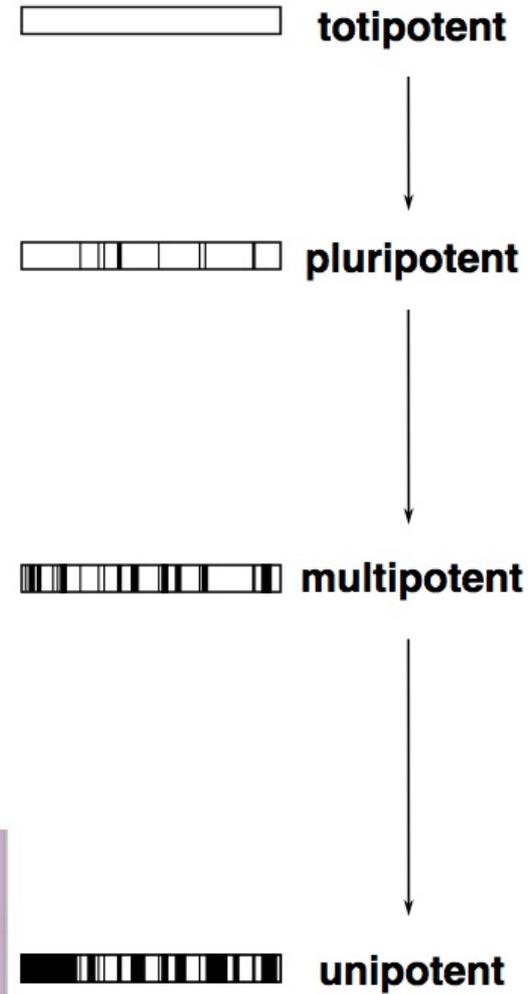
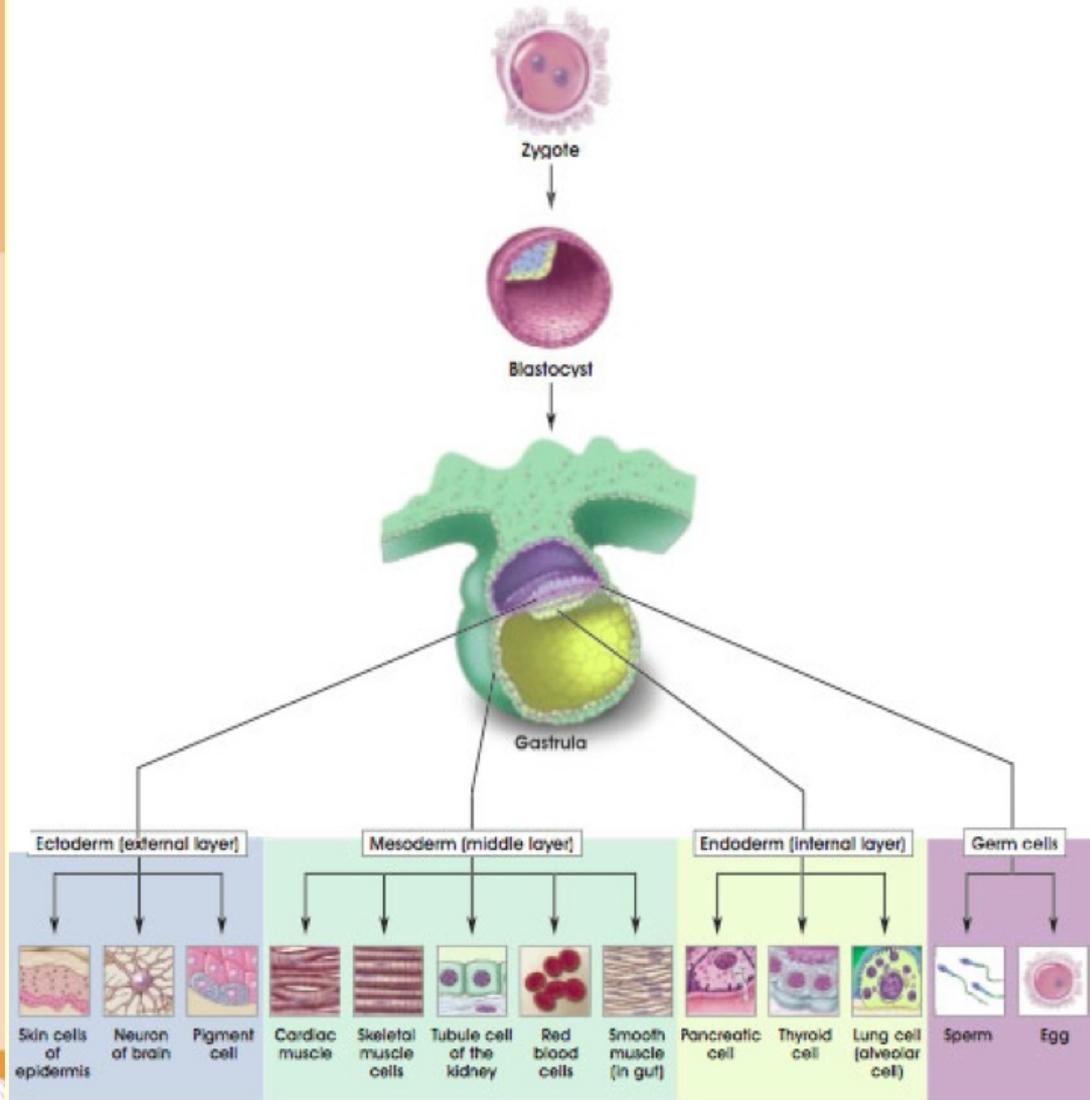
- High histone acetylation
- Low DNA methylation
- H3-K4 methylation

Heterochromatin



- Low histone acetylation
- Dense DNA methylation
- H3-K9 methylation

Methylated DNA from Zygote to Adult



Methylated DNA from Zygote to Adult

Zygote



```
ACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGAT
GTTTTTATTACCAGGATGATCACCATTGGGTACCATTTACCAGGATTACACAGTTTTAGATGACC
AGTAGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTAACA
TAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGATGTT
TTTATTACCAGGATGATCACCATTGGGTACCATTACCAGGATTACACAGTTTTAGATGACCAGT
AGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTTTATTAT
AGGACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCAT
GATGTTTTTATTACCAGGATGATCACCATTGGGTACCATTTACCAGGATTACACAGTTTTAGATG
ACCAGTAGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTA
ACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGAT
```

**How is the diversity of cell types
created and maintained
in multi-cellular organisms?**

```
ACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGAT
GTTTTTATTACCAGGATGATCACCATTGGGTACCATTTACCAGGATTACACAGTTTTAGATGACC
AGTAGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTAACA
TAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGATGTT
TTTATTACCAGGATGATCACCATTGGGTACCATTACCAGGATTACACAGTTTTAGATGACCAGT
AGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTTTATTAT
AGGACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCAT
GATGTTTTTATTACCAGGATGATCACCATTGGGTACCATTTACCAGGATTACACAGTTTTAGATG
ACCAGTAGCTATTAGAGGATTTTAAATTTATTTAGGATTTTATGGGATTGATAAAGGGAGATTTA
ACATAGACATACACACTGTTGATTAGGGAGATAGTGACAGATCCATTACAGCACCATACCATGAT
```

DNA Methylation Differentiates Totipotent Embryonic Stem Cells from Unipotent Adult Stem Cells

Pluripotent cell



ctggaggtgcaatggctgtcttgtcctggcctt
ggacatgggctgaaatactgggttcacccatat
ctaggactctagacgggtgggtaagcaagaact
gaggagtggccccagaaataattggcacacgaa
catteaatggatgttttaggctctccagaggat
ggctgagtgggctgtaaggacaggccgagaggg
tgcagtgccaacaggctttgtggtgogatggg
catccgagcaactggtttgtgaggtgtccggtg
acccaaggcaggggtgagaggaccttgaaggtt
gaaaatgaaggcctcctgggggtcccgtcctaag
ggttgtcctgtccagacgtccccaacctccgtc
tggaaagacacaggcagatagcgctcgctcagt
ttctcccacccccacagctctgctcctccacc
accagggggcggggcccagaggtcaaggctaga
gggtgggattggggagggagaggtgaaaccgt
cctaggtgagccgtctttccaccaggcccccg
ctcggggtgccaccttcccattggctggacac

Unipotent cell



Ctggaggtgcaatggctgtcttgtcctggcctt
ggacatgggctgaaatactgggttcacccatat
ctaggactctagacgggtgggtaagcaagaact
gaggagtggccccagaaataattggcacacgaa
catteaatggatgttttaggctctccagaggat
ggctgagtgggctgtaaggacaggccgagaggg
tgcagtgccaacaggctttgtggtgogatggg
catccgagcaactggtttgtgaggtgtccggtg
acccaaggcaggggtgagaggaccttgaaggtt
gaaaatgaaggcctcctgggggtcccgtcctaag
ggttgtcctgtccagacgtccccaacctccgtc
tggaaagacacaggcagatagcgctcgctcagt
ttctcccacccccacagctctgctcctccacc
accagggggcggggcccagaggtcaaggctaga
gggtgggattggggagggagaggtgaaaccgt
cctaggtgagccgtctttccaccaggcccccg
ctcggggtgccaccttcccattggctggacac

DNA Methylation Differentiates Totipotent Embryonic Stem Cells from Unipotent Adult Stem Cells

Pluripotent cell



ctggaggtgcaatggctgtcttgtcctggcctt
ggacatgggctgaaatactgggttcacccatat
ctaggactctagacggggtgggtaagcaagaact
gaggagtggccccagaaaataattggcacacgaa
cattcaatggatgttttaggctctccagaggat
ggctgagtgggctgtaaggacaggccgagaggg
tgcagtgccaacaggctttgtgggtgcatgagg
catccgagcaactggtttgtgaggtgtccggtg
acccaaggcaggggtgagaggaccttgaagggt
gaaaatgaaggcctcctgggggtcccgctcctaag
ggttgtcctgtccagacgtcccccaacctccgctc
tggaaagacacaggcagatagcgcctcgctcagt
ttctccccccccacagctctgctcctccacc
accagggggcggggcccagagggtcaaggctaga
gggtgggattggggagggagaggtgaaaccgt
cctaggtgagccgctctttccaccaggccccgg
ctcgggggtgccaccttccccatggctggacac

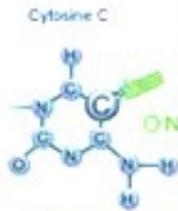
Unipotent cell



Ctggaggtgcaatggctgtcttgtcctggcctt
ggacatgggctgaaatactgggttcacccatat
ctaggactctagacggggtgggtaagcaagaact
gaggagtggccccagaaaataattggcacacgaa
cattcaatggatgttttaggctctccagaggat
ggctgagtgggctgtaaggacaggccgagaggg
tgcagtgccaacaggctttgtgggtgcatgagg
catccgagcaactggtttgtgaggtgtccggtg
acccaaggcaggggtgagaggaccttgaagggt
gaaaatgaaggcctcctgggggtcccgctcctaag
ggttgtcctgtccagacgtcccccaacctccgctc
tggaaagacacaggcagatagcgcctcgctcagt
ttctccccccccacagctctgctcctccacc
accagggggcggggcccagagggtcaaggctaga
gggtgggattggggagggagaggtgaaaccgt
cctaggtgagccgctctttccaccaggccccgg
ctcgggggtgccaccttccccatggctggacac

DNA Methylation Differentiates Totipotent Embryonic Stem Cells from Unipotent Adult Stem Cells

DNA methylation



Pluripotent cell



≠

Unipotent cell



Methyl-Cytosine 5mC

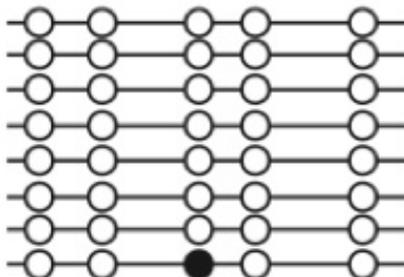
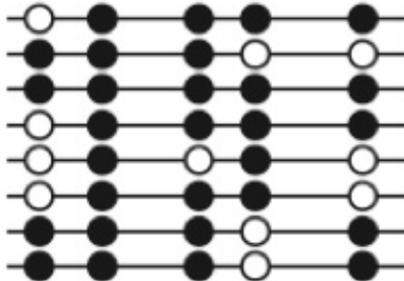
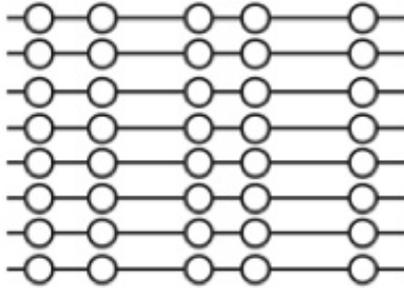


ctggaggtgcaatggctgtcttgtcctggcct
 ggacatgggctgaaatactgggttcacccatat
 ctaggactctaga**gg**gtgggttaagcaagaact
 gaggagtggccccagaaataat**tg**gcacac**ga**
 cat**tc**aatggatg**tt**taggctctccagaggat
 ggctgagtg**gg**ctgtaaggacag**gc**agaggg
 tgcagtgccaacaggct**tt**gtggtg**ga**atggg
 cat**cc**agcaactgg**tt**gtgaggtg**tc**ggg
 acccaaggcaggggtgagaggac**ct**tgaaggt
 gaaaatgaagg**cc**ctcctgggg**tc**cc**gt**cctaa**g**
 ggt**tg**ctctgtccagac**ct**ccccaac**ct**cc**gt**c
 t**gg**aagacacag**gc**agatag**gc**ct**gc**ctcag**t**
 t**ct**ccacccccacag**ct**ctg**ct**cctccacc
 acccagggg**g**ggggccagag**gt**caag**gt**aga
 ggg**tg**ggattggggagggagag**gt**gaaac**ct**
 cctag**gt**gag**ct**ct**tt**ccaccag**gc**cccc**gg**
 ct**gg**gggtgccac**ct**cccc**at**gg**ct**gg**ac**ac

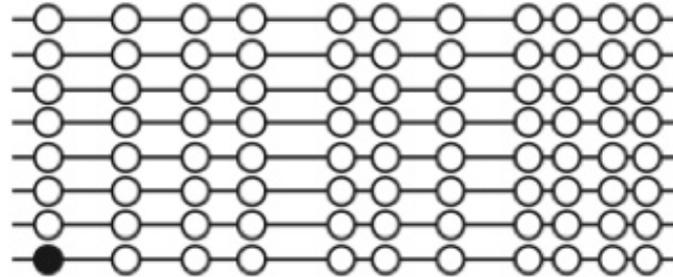
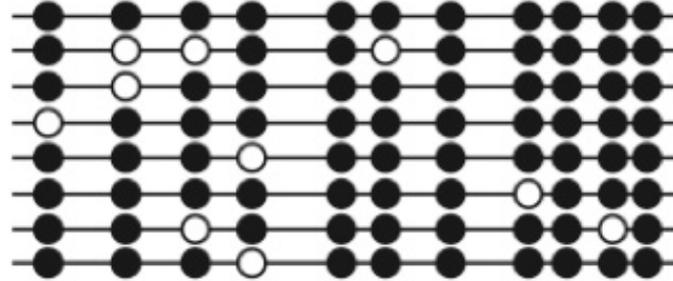
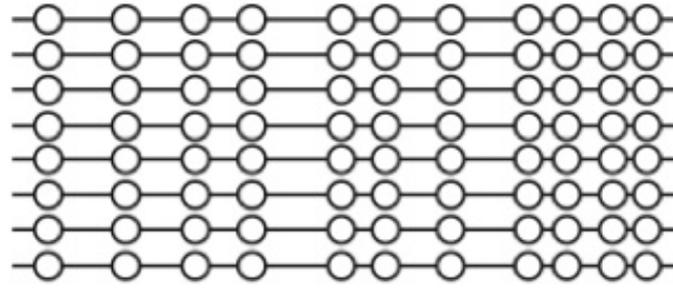
Ctggaggtgcaatggctgtcttgtcctggcct
 ggacatgggctgaaatactgggttcacccatat
 ctaggactctaga**gg**gtgggttaagcaagaact
 gaggagtggccccagaaataat**tg**gcacac**ga**
 cat**tc**aatggatg**tt**taggctctccagaggat
 ggctgagtg**gg**ctgtaaggacag**gc**agaggg
 tgcagtgccaacaggct**tt**gtggtg**ga**atggg
 cat**cc**agcaactgg**tt**gtgaggtg**tc**ggg
 acccaaggcaggggtgagaggac**ct**tgaaggt
 gaaaatgaagg**cc**ctcctgggg**tc**cc**gt**cctaa**g**
 ggt**tg**ctctgtccagac**ct**ccccaac**ct**cc**gt**c
 t**gg**aagacacag**gc**agatag**gc**ct**gc**ctcag**t**
 t**ct**ccacccccacag**ct**ctg**ct**cctccacc
 acccagggg**g**ggggccagag**gt**caag**gt**aga
 ggg**tg**ggattggggagggagag**gt**gaaac**ct**
 cctag**gt**gag**ct**ct**tt**ccaccag**gc**cccc**gg**
 ct**gg**gggtgccac**ct**cccc**at**gg**ct**gg**ac**ac

Nanog and Oct4 Promoter Methylation in Embryonic and Induced Stem Cells

Nanog Promoter



Oct4 Promoter



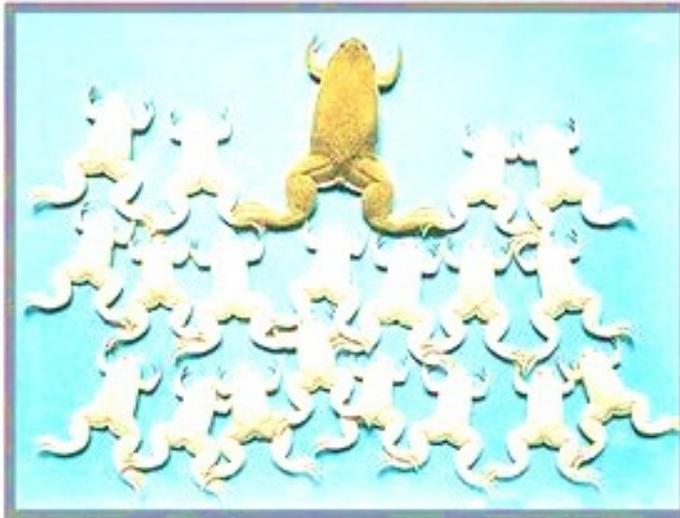
Embryonic
Stem Cells

Embryonic
Fibroblasts

Induced
Pluripotent
Stem Cells

Differentiated Cells can Become Totipotent Again

Nuclear transplantation demonstrates nuclear equivalence

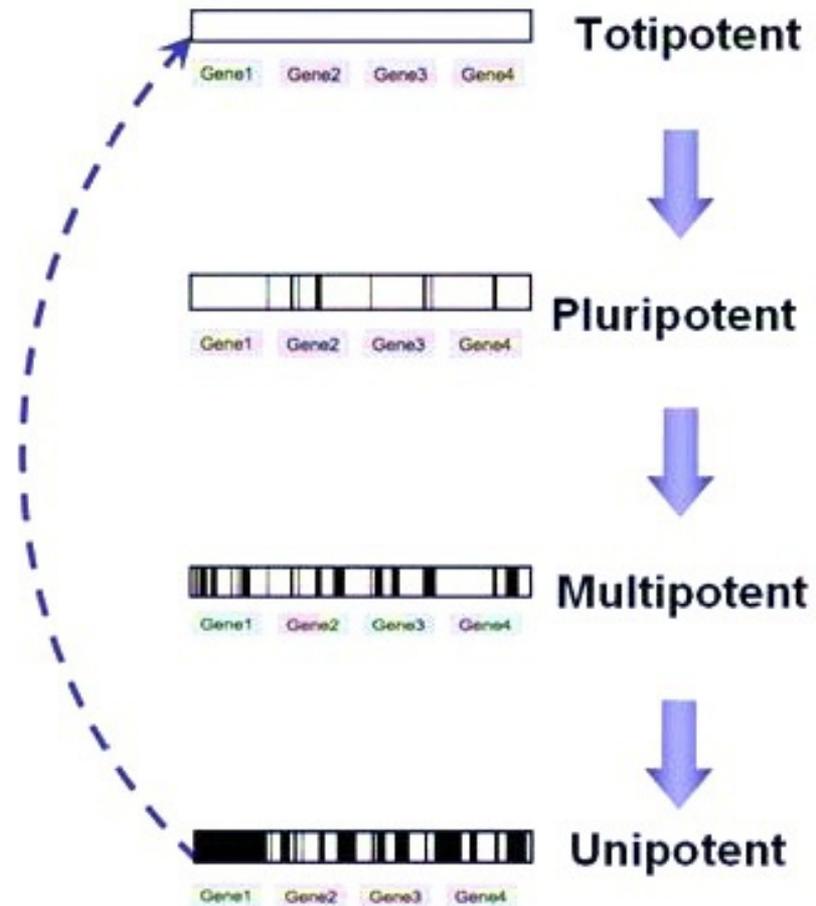


Briggs and King, 1952

Gurdon, 1960s

“Dolly”

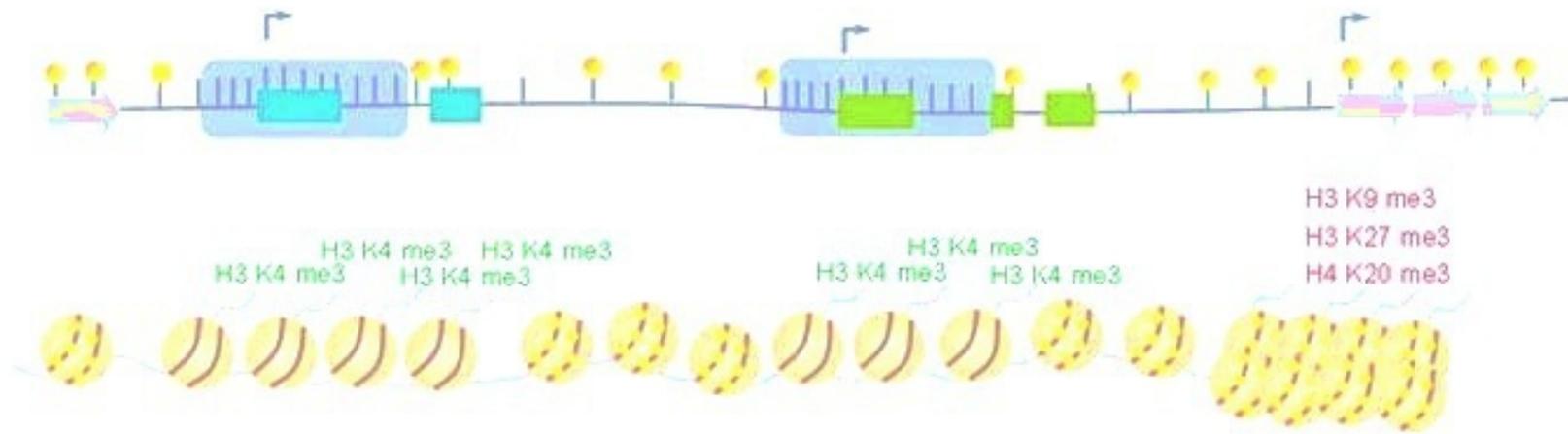
Differentiated cells maintain the potential to generate an entire organism



Organization of the Epigenome

Organization of the 'Epigenome'

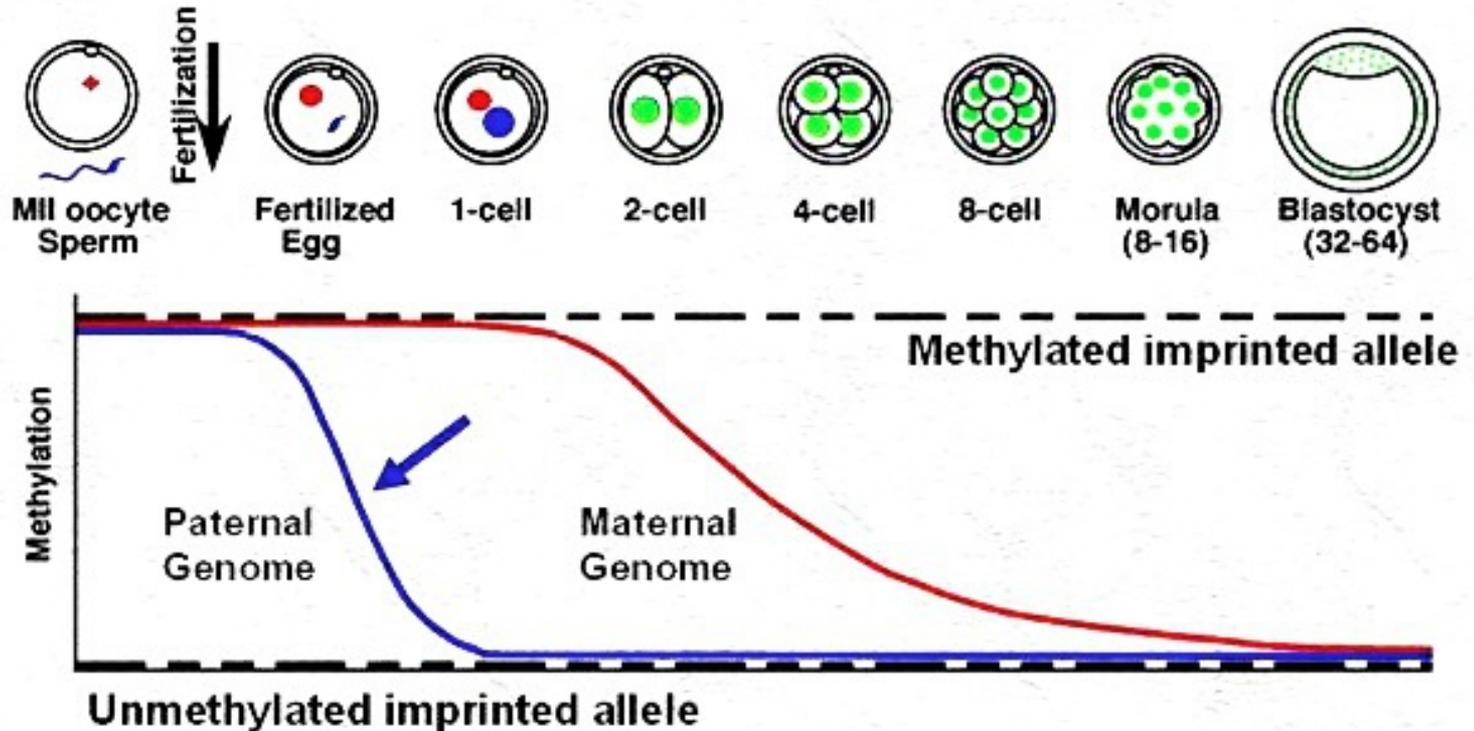
Normal Cells



Transcriptional potential

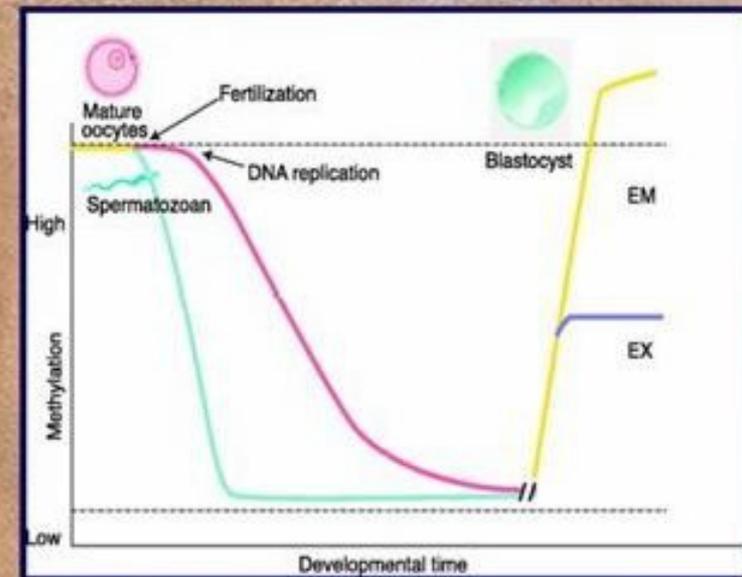
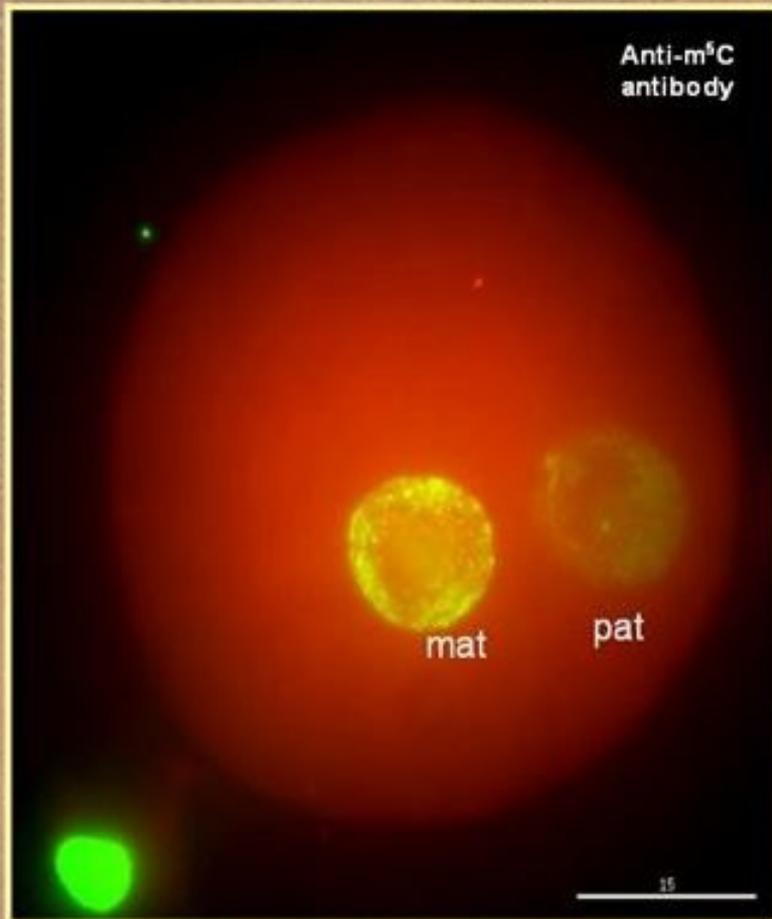
Methylation Changes During Development

Methylation Changes During Mouse Preimplantation Development

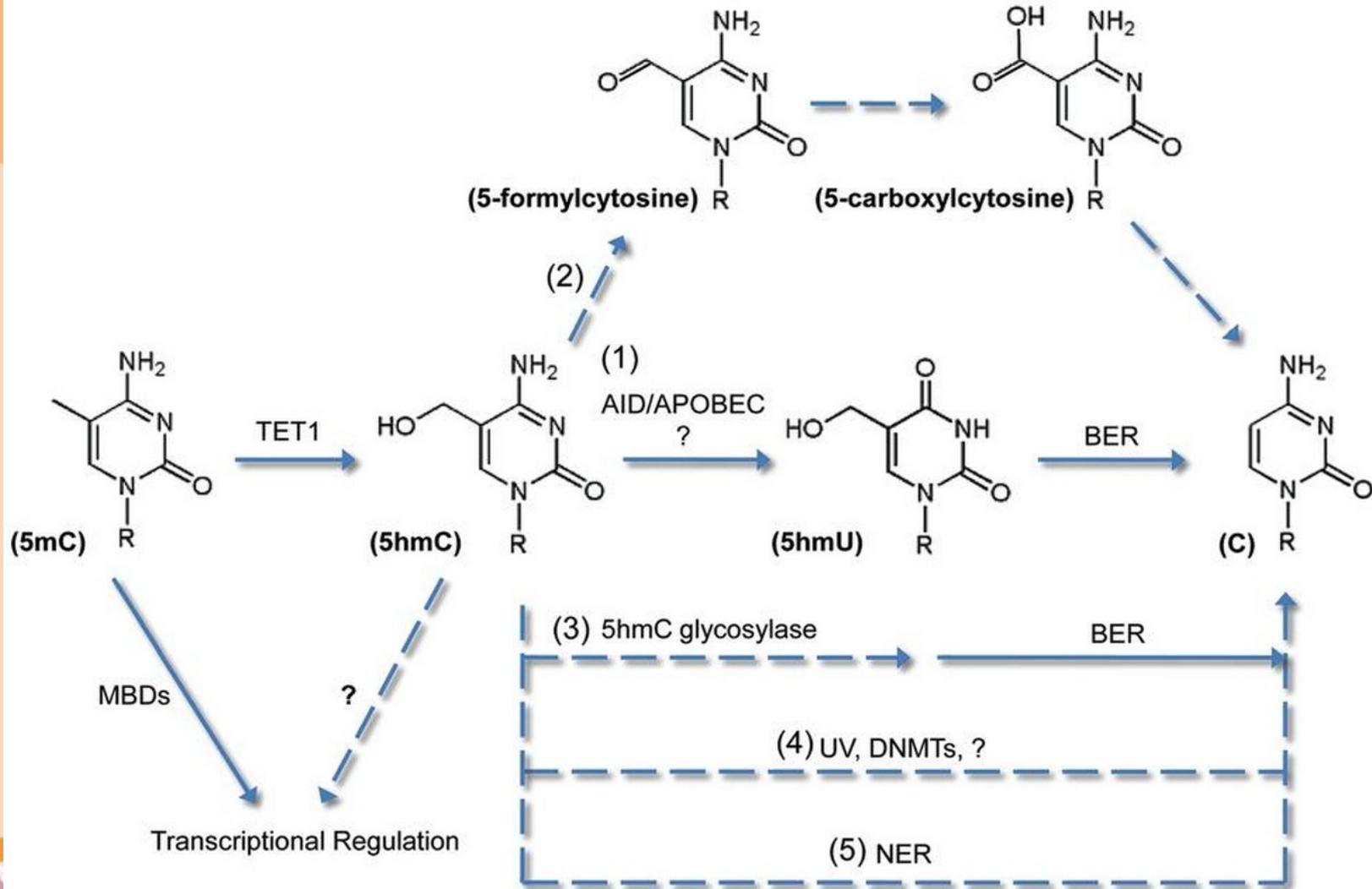


Demethylation of the Paternal Genome

De-methylation of the paternal pronucleus in the one-cell embryo of mouse

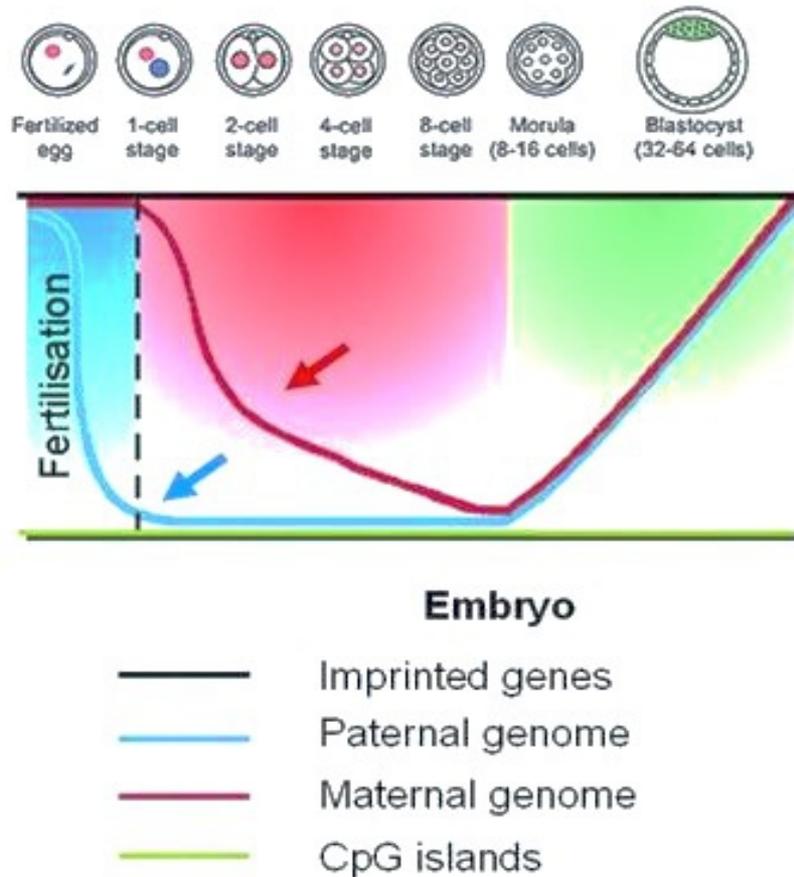


Tet Proteins Modify 5-Methyl-Cytosine Leading to Removal by DNA Repair



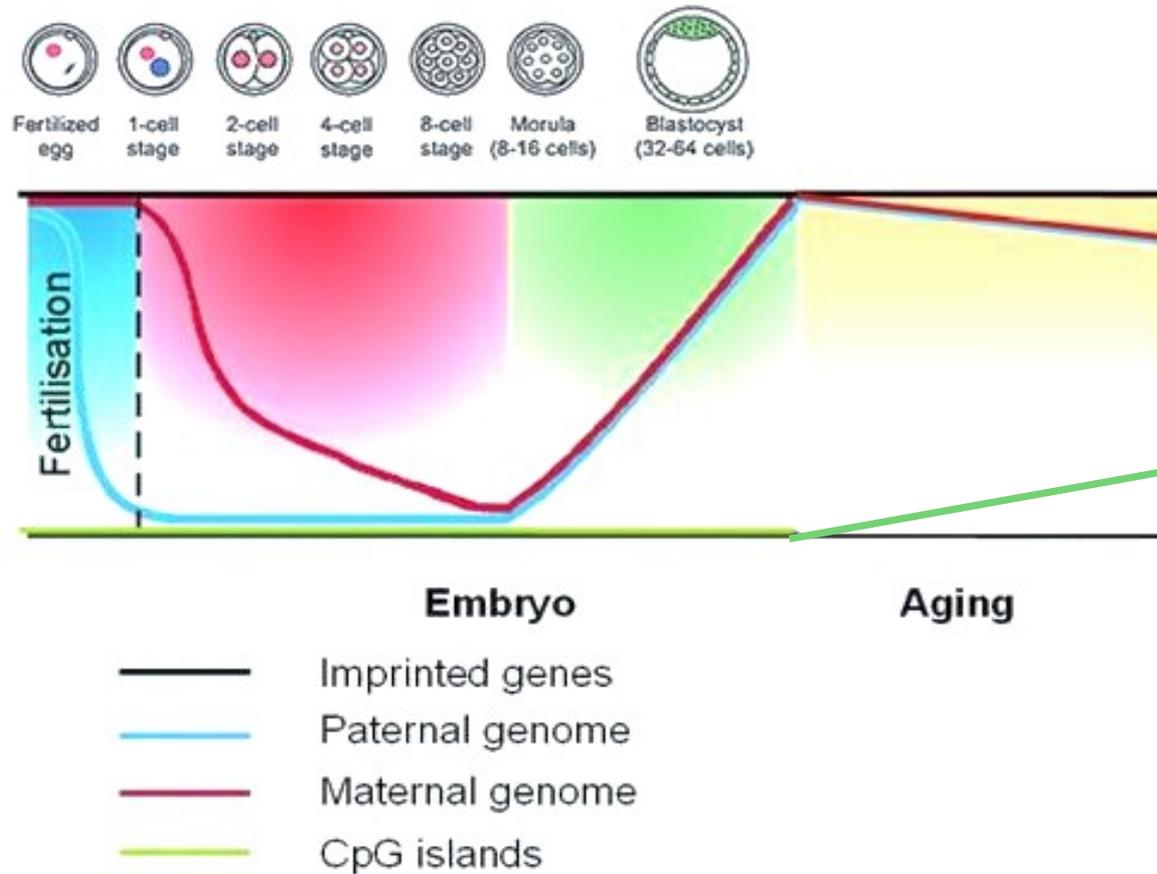
Methylation Changes During Development

Reprogramming the DNA methylome



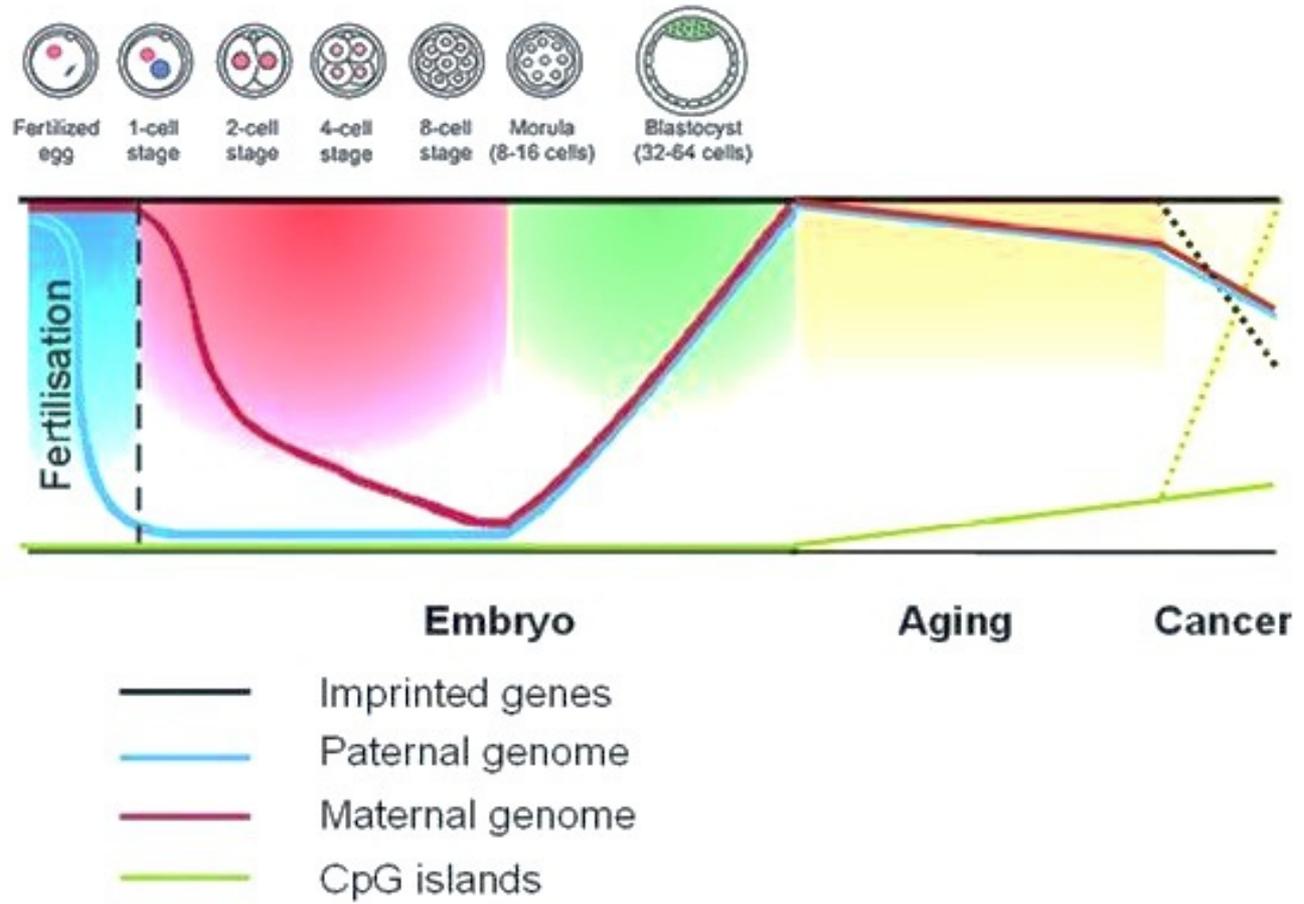
Methylation Changes During Development

Reprogramming the DNA methylome

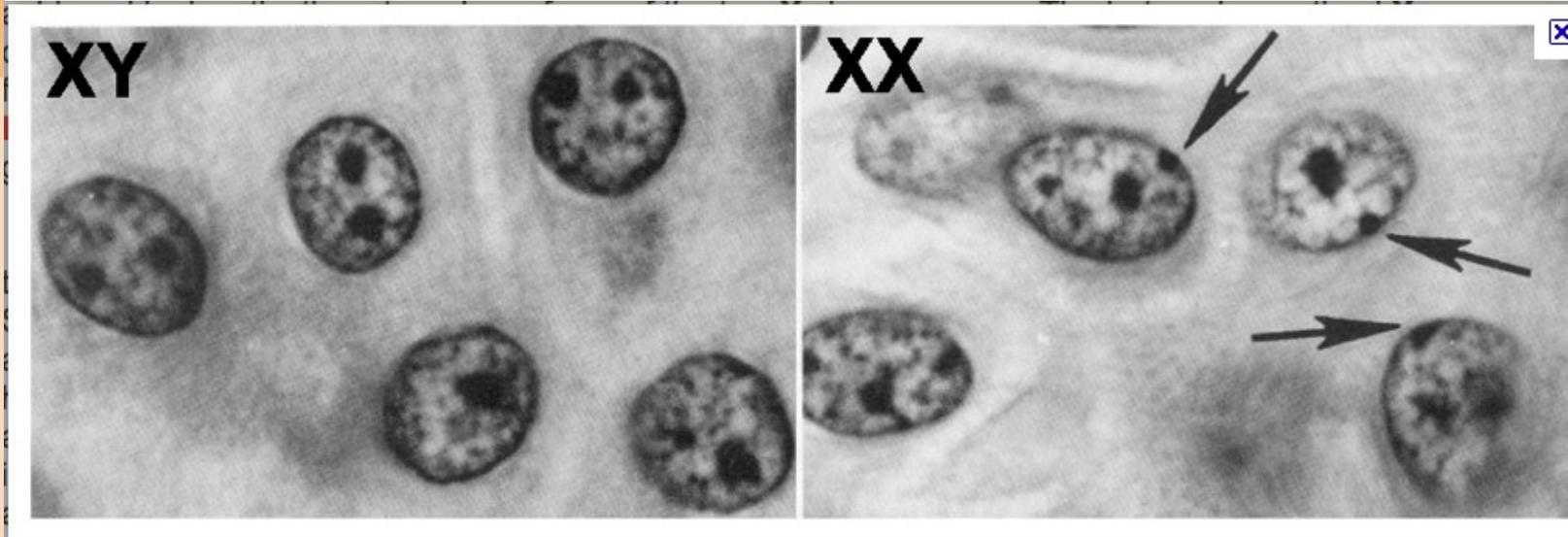


Methylation Changes During Development

Reprogramming the DNA methylome



X Chromosome Inactivation: Barr Bodies

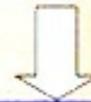


Barr, M. L., Bertram, E. G., (1949), A Morphological Distinction between Neurones of the Male and Female, and the Behaviour of the Nucleolar Satellite. *Nature*. **163** (4148): 676-7.

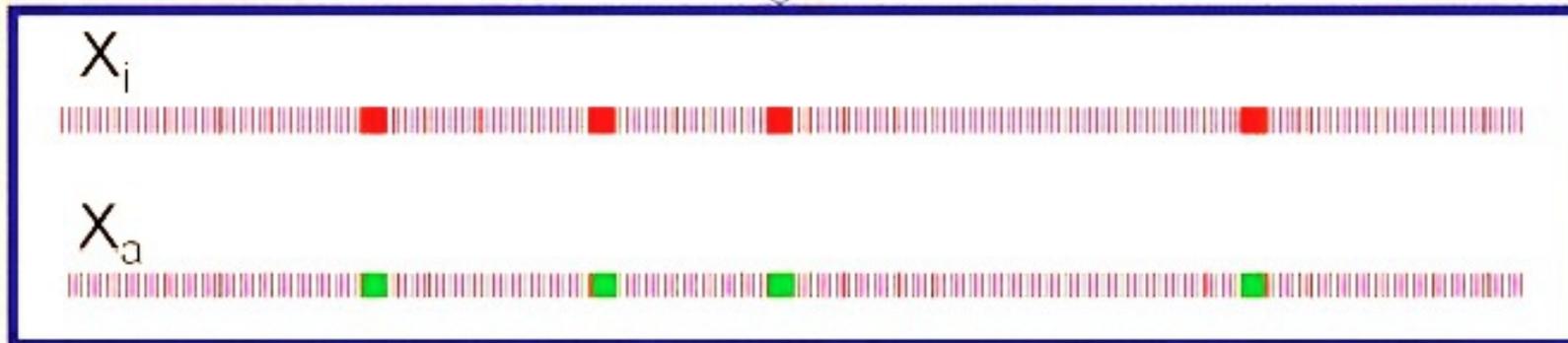
Lyon, M. F., (2003), The Lyon and the LINE hypothesis. *j.semcd* 14, 313-318. (Abstract)

X Chromosome Inactivation: CG Island Methylation

De novo methylation of CpG islands on the inactive X chromosome

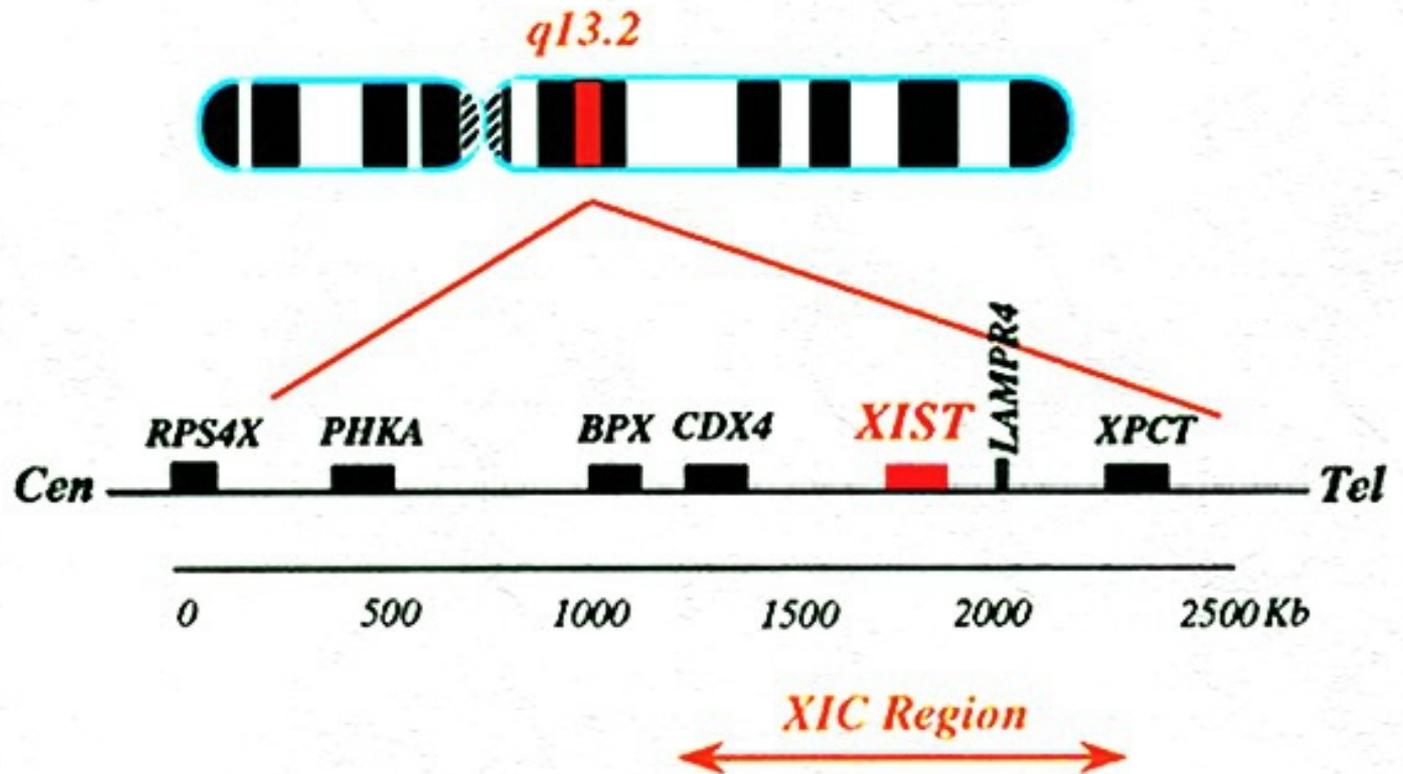


Inactivation of one X chromosome



XIC Region

The XIC region on the human X chromosome



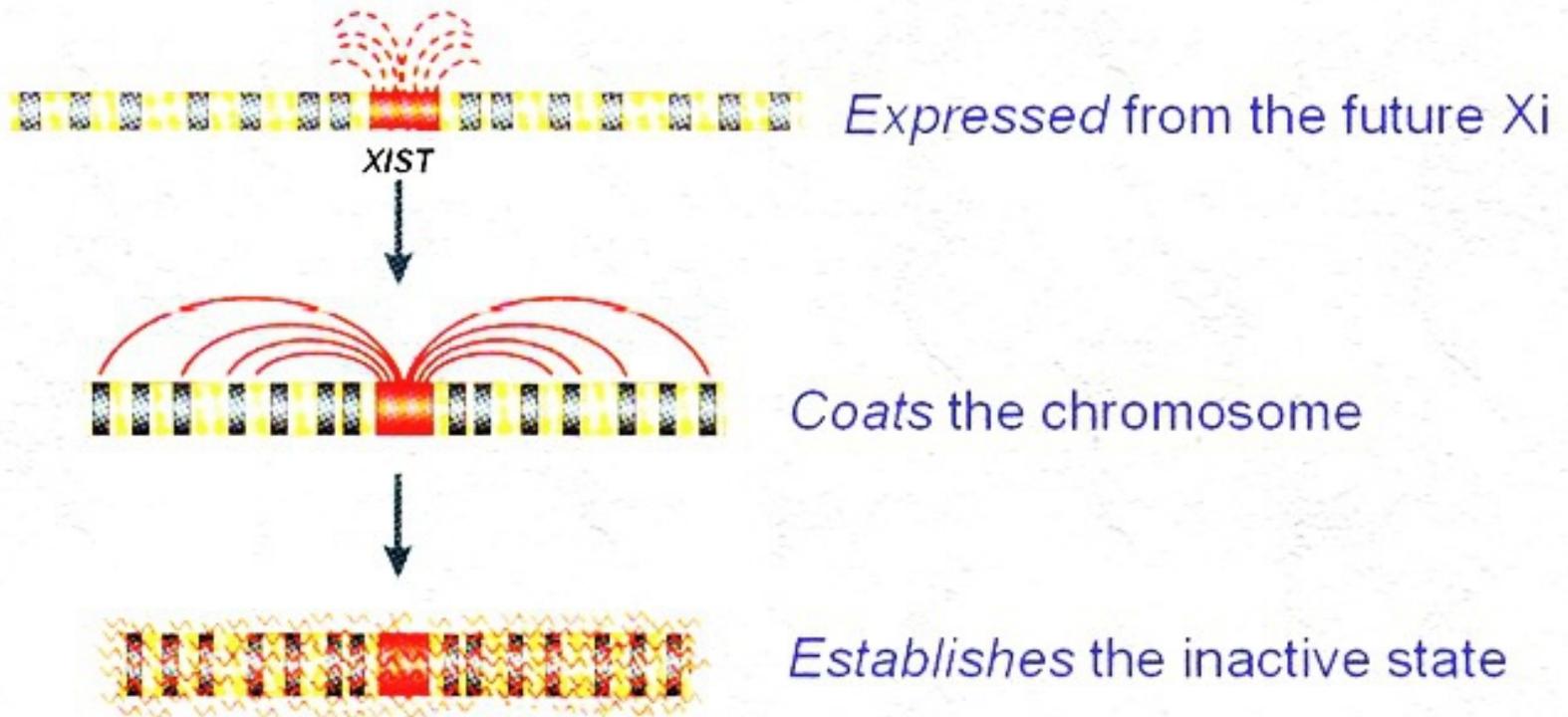
Characteristics of XIST Gene

Characteristics of *XIST*

- Located in the XIC
- Transcribed *only* from the *inactive X*
- 20kb cDNA with no ORF, remains intranuclear, surrounding the *Barr body*
- *The XIC* gene responsible for Cis inactivation
- If transcribed (at **critical** time) it invariably inactivates its X by modifying chromatin

Xist Works in Cis

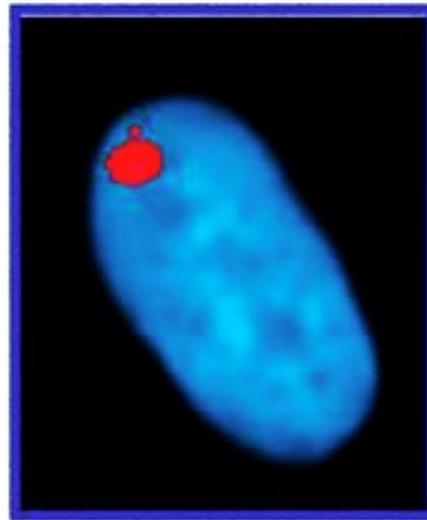
How *XIST* silences the future inactive X



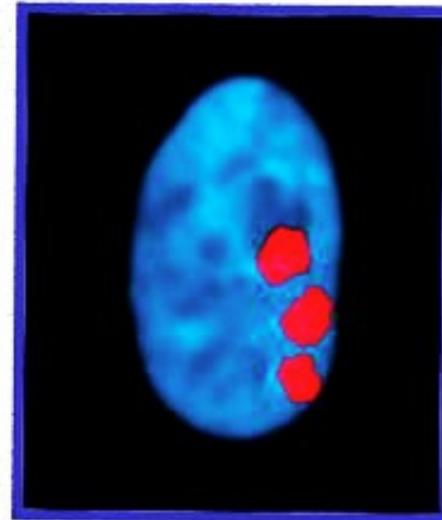
After Avner

Only one X is active

46, XX female



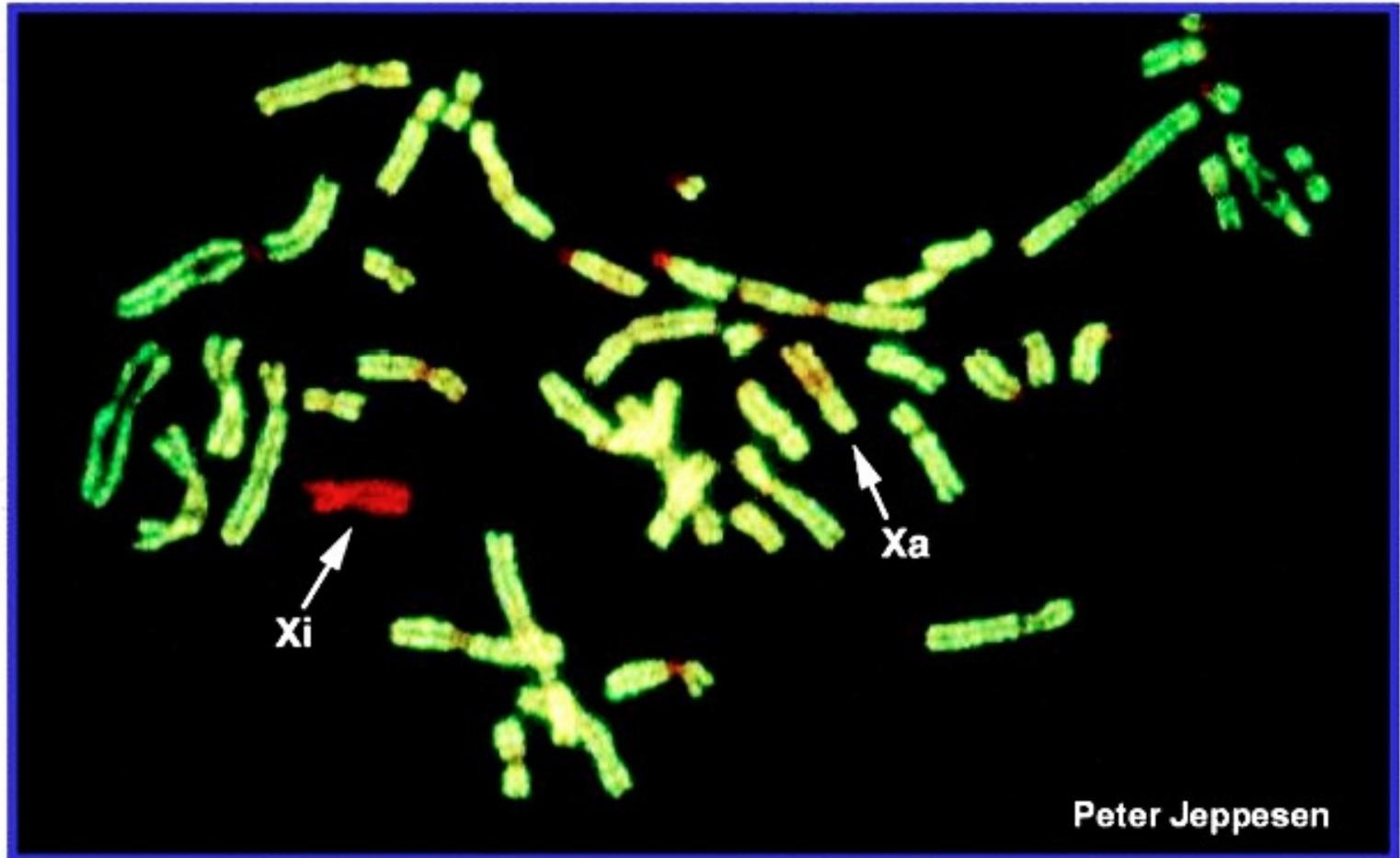
49, XXXXY male



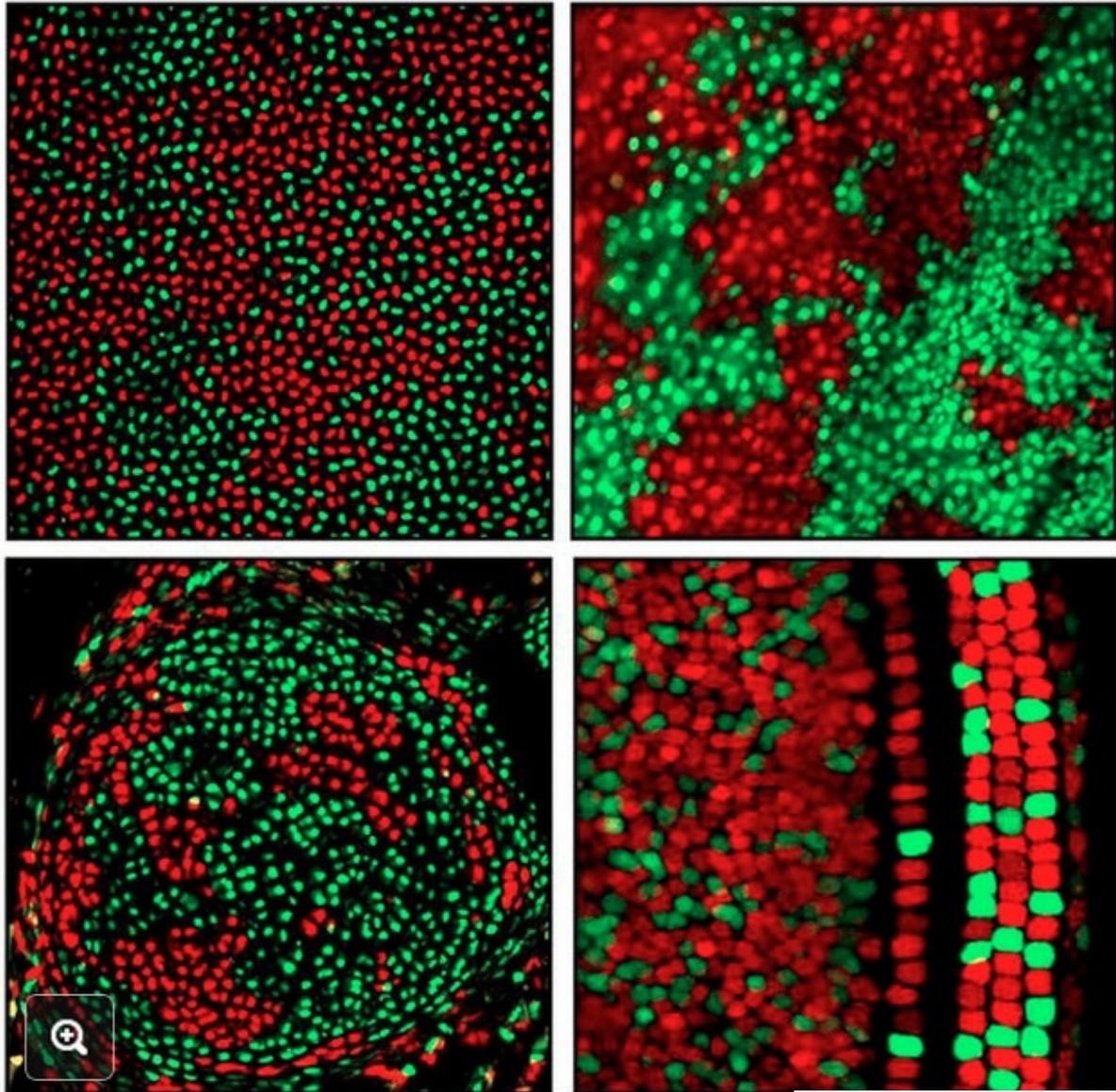
Barr bodies visualized by XIST RNA FISH

Inactive X has unacetylated histone H4

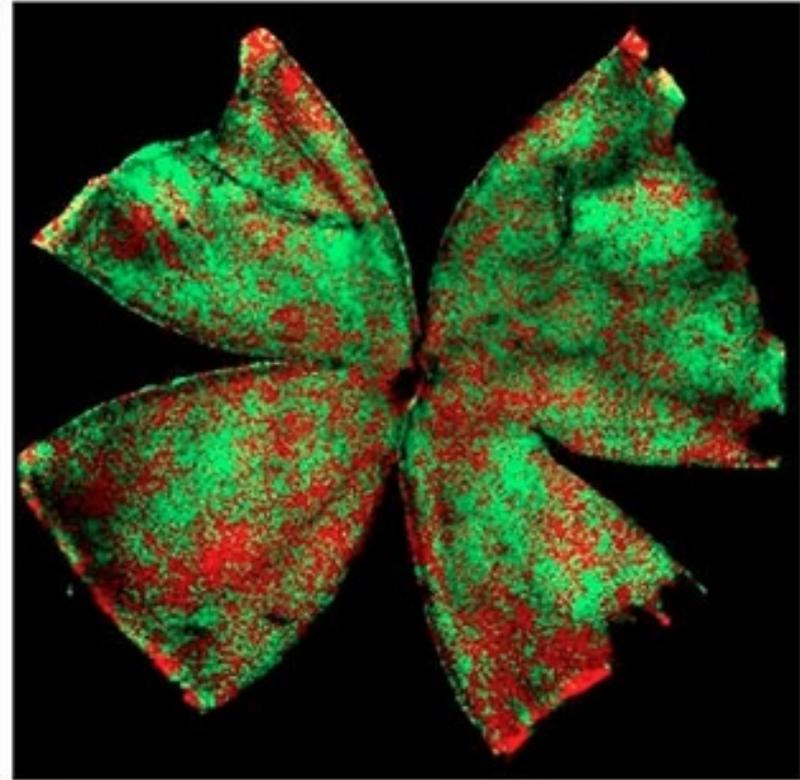
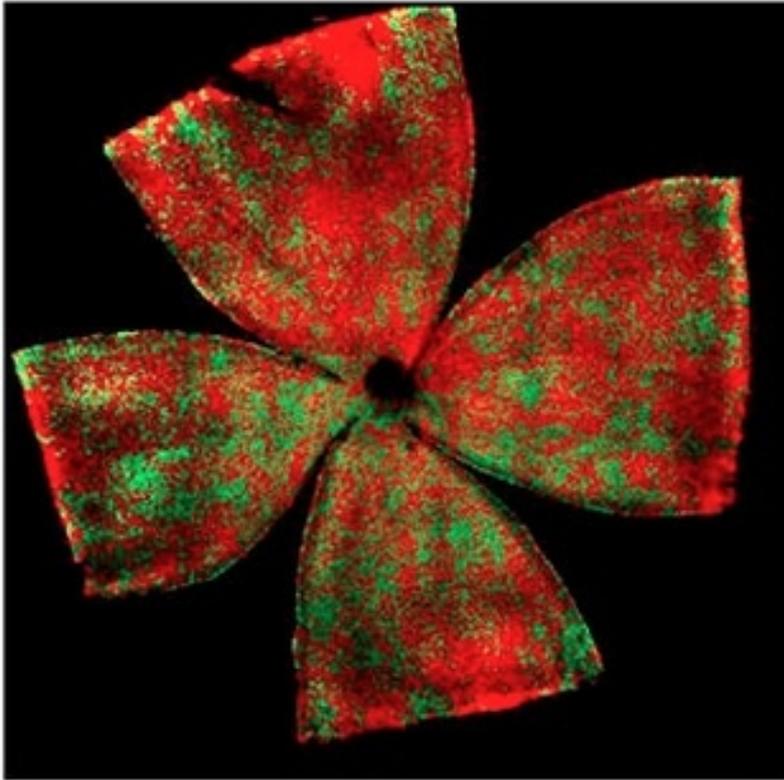
**Inactive X has inactive chromatin:
unacetylated histone H4**



Female X chromosome Mosaicism (cornea, skin, cartilage & inner ear)

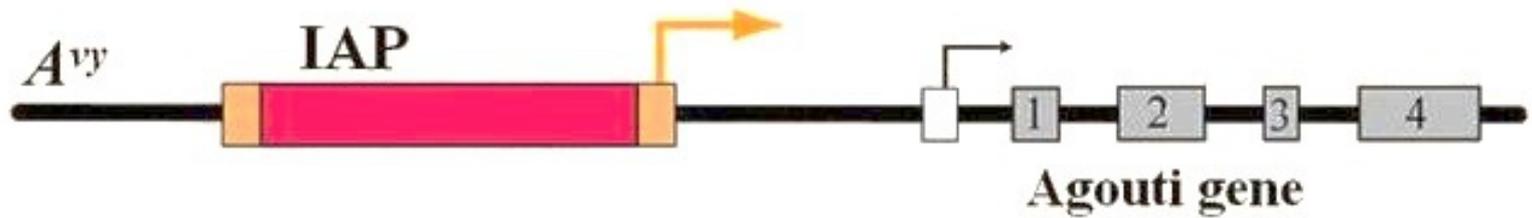


Female X chromosome Mosaicism Left and Right Retina

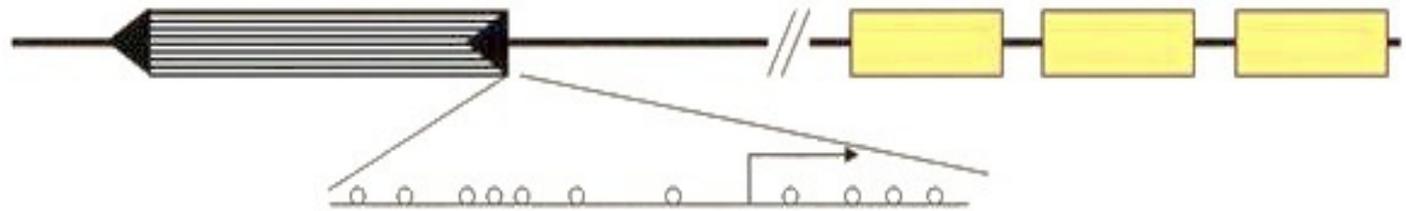


Agouti Genes in Mice

Agouti viable yellow (A^{vy})



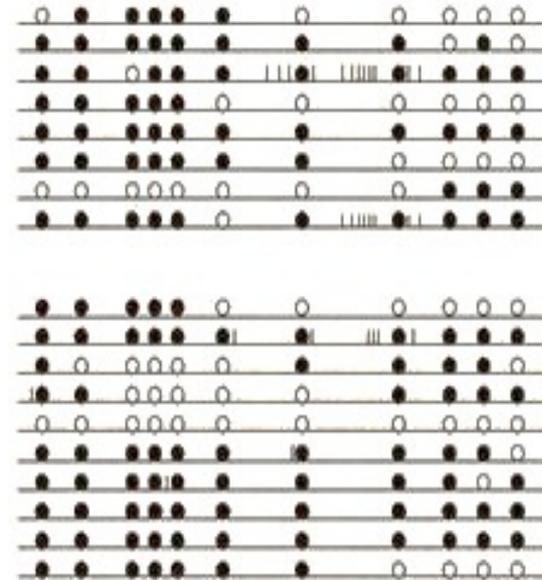
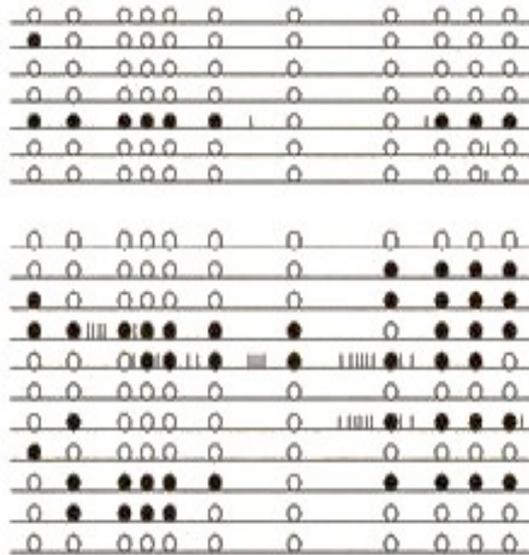
Methylation of A^{vy} Agouti Genes in Mice



Yellow

Pseudoagouti

27%
mCpG



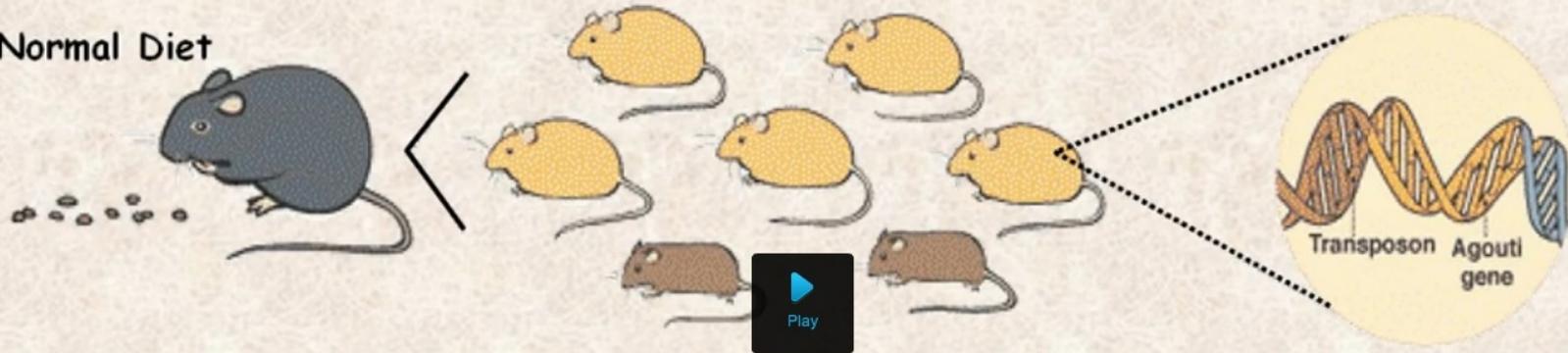
69%
mCpG

Environment influences this process

Can environment influence these processes?

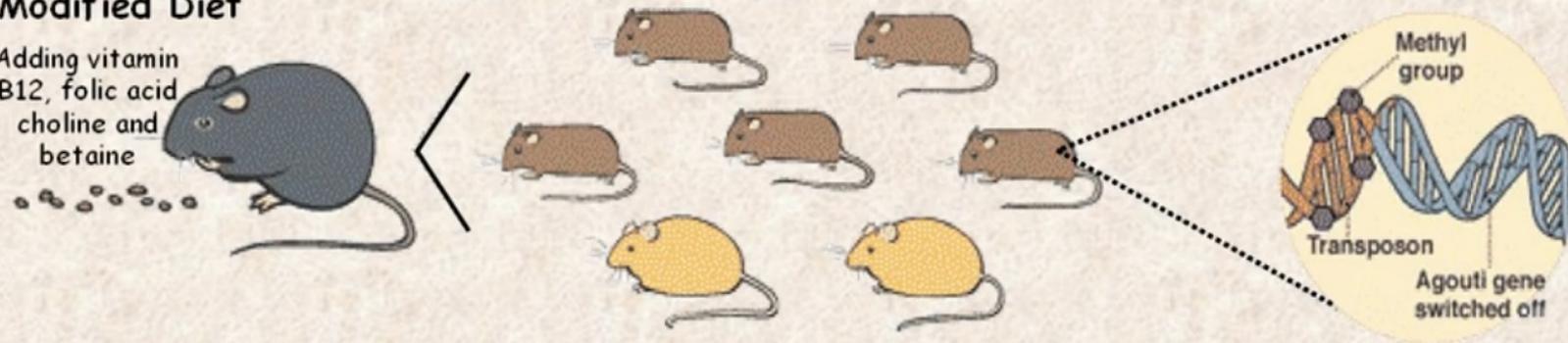
They are what she ate...

Normal Diet



Modified Diet

Adding vitamin B12, folic acid, choline and betaine



Source: Waterland & Jirtle, Mol Cell Biol (2003)
Also Wolff & Cooney Faseb J (1998)

Environment can Affect Epigenetics

- Feed pregnant mice folic acid, vitamin B12, choline, betaine the offspring have more methylation of agouti yellow promoter
- Mothers who lick offspring decreased stress in offspring and decreased methylation of promoters
- Stress also increase methyl state of a number of promoters including the promoter of the glucocorticoid receptor.
- Pattern of epigenetics can be passed on from mother to offspring.

Hongerwinter 1944

- German's blocked food to Belgium and Holland in the winter of 1944.
- Calorie consumption dropped from 2,000 to 500 per day for 4.5 million.
- Children born or raised in this time were small, short in stature and had many diseases including, edema, anemia, diabetes and depression.
- The Dutch Famine Birth Cohort study showed that women living during this time had children 20-30 years later with the same problems despite being conceived and born during a normal dietary state.



Summary of Epigenetic Gene Regulation

- Patterns of DNA methylation in adult cells parallels cell fate, chromatin structure and gene activation.
- Most DNA methylation is removed at fertilization and re-established during embryogenesis.
- Imprinted genes keep their parental pattern of methylation giving rise to parental patterns of expression.
- Patterns of histone modifications parallel DNA methylation.
- Methylated gene regions are genetically inactive, highly condensed and special histone modifications.
- Active gene regions have little DNA methylation and distinctive histone modifications (acetyl groups and H3K4 and H3K27 methyl).
- X chromosome inactivation in females is correlated with extensive CG island methylation on one chromosome, condensation, inactivation and Barr body formation.
- Alterations in gene and CG island methylation patterns are seen in aging and in cancer.
- Most CG islands are not methylated except for X chromosome inactivation and tumor suppressors in cancer.

Henry Stewart Talks: DNA Methylation

http://hstalks.com/main/browse_talks.php?r=478&j=757&c=252

Introduction



1. DNA methylation during development (38 mins) 
Prof. Howard Cedar – Hebrew University, Hadassah Medical School, Israel

The Nuts and Bolts of DNA Methylation



2. DNA methylation patterns in mammals (54 mins) 
Prof. John Gready – Albert Einstein College of Medicine, USA

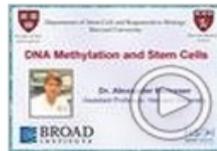


3. Proteins that Bind Methylated DNA (31 mins) 
Dr. Pierre-Antoine Defossez – CNRS, Paris, France

DNA Methylation and Normal Physiology



4. Genomic Imprinting (25 mins) 
Prof. Marisa Bartolomei – University of Pennsylvania, USA

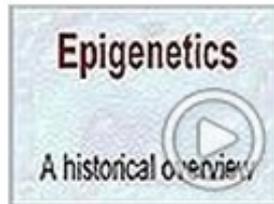


5. DNA methylation and stem cells (32 mins) 
Dr. Alexander Meissner – Harvard University, USA

Henry Stewart Talks: Epigenetics

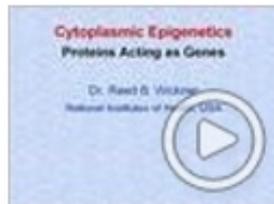
http://hstalks.com/main/browse_talks.php?r=18&j=757&c=252

▼ The Notion of Epigenetics



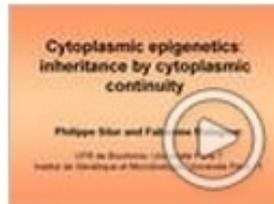
1. Epigenetics: A Historical Overview (24 mins)

Dr. Robin Holliday – National Institute for Medical Research, Mill Hill, London, UK



2. Cytoplasmic Epigenetics: Proteins Acting as Genes (36 mins)

Dr. Reed Wickner – National Institutes of Health, USA



3. Cytoplasmic Epigenetics: Inheritance by Cytoplasmic Continuity (43 mins)

Prof. Philippe Silar – University of Paris, France

Dr. Fabienne Malagnac – University of Paris, France

▼ Epigenetics: Paradigms

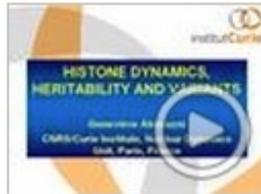


4. A Historical Perspective on Ideas on X-Chromosome Inactivation (34 mins)

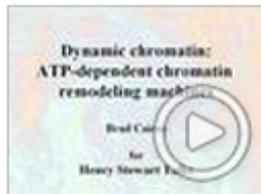
Dr. Mary Lyon – Mammalian Genetics Unit, Medical Research Council, UK

 **Chromatin and Epigenetics**

8. Introduction to Chromatin Structure (41 mins) 
Prof. Karolin Luger – Colorado State University, USA



9. Histone Dynamics, Heritability and Variants (36 mins) 
Dr. Genevieve Almouzni – Curie Institute/CNRS, France



10. Dynamic chromatin: ATP-dependent chromatin remodeling machines (56 mins) 
Prof. Bradley Cairns – University of Utah School of Medicine, USA



11. Epigenetic Information in Gene Expression and Cancer (34 mins) 
Prof. Siavash Kurdستاني – University of California, Los Angeles, USA



12. Gene Silencing by Polycomb Complexes (27 mins) 
Prof. Yi Zhang – University of North Carolina at Chapel Hill, USA